Primary Care B
5-Minute Rotation Summary/Expectations

Rotation Director and Contacts
• Rotation Director: Elizabeth Stuart - aestuart@stanford.edu
• Rotation Coordinator: AJ Fletcher - ajfletch@stanford.edu
• Rotation Liaison: Mabel Peinado Fabregat - mpeinado@stanford.edu

Rotation description
The PCB rotation is designed to provide a focused experience in primary care.

• To the extent possible, residents are assigned to work at their primary continuity clinic sites.
• Some residents will also spend 1-2 days in acute care at Gardner Packard Children’s Health Center
• Additional experiences may include half-day sessions in Complex Primary Care Clinic (CPCC) and the Pediatric Healthy Lifestyles Clinic at VHC Tully. See below for information about CPCC and Healthy Lifestyles.

Online rotation information, practical and educational resources:
http://med.stanford.edu/ppc.html

Locations and Schedules
• Individual PCB schedules and site information will be emailed 2-4 weeks prior to each rotation.
• See below for information about CPCC and Healthy Lifestyles
PCB ROTATION SITES: CPCC AND HEALTHY LIFESTYLES

Complex Care Clinic:

Location: 730 Welch Road, 1st Floor, Palo Alto 94304

Clinic Start Time: 9AM

Contact Info: David Bergman, MD 650-450-0071

Expectations
- Shadow attendings at clinic visits
- See patients individually and present, help with clinic documentation

Objectives
- Outline essential elements of providing health supervision and acute care for children with medical complexity
- Discuss the funding, scope and role of community resources (e.g. CCS, regional centers, Early Intervention programs, school districts, DME vendors, home health agencies, palliative care agencies) in the care of children with medical complexity
- Discuss the core components of a medical home for children with medical complexity (team-based care, care coordination, family engagement, continuous access to care, care transitions, integration with community agencies and resources.)
Healthy Lifestyles Clinic at SCVMC Tully:

Location: 500 Tully Rd. San Jose, 9511

Clinic Start Time: 8:30AM

Parking: Employee C parking available at attached lot (or use the visitor lot)

Directions: Once at the clinic, enter through the front doors and head up the stairs. Across from the elevators check in at the Pediatrics desk and ask for Dr. Charles.

Contact Info: For issues, call Trang at 408-817-1653

Expectations
- Shadow attendings and dieticians at clinic visits*
- Meet with dieticians to learn about approaches to nutrition/lifestyle counseling

Objectives
- Discuss the benefits of taking a non-weight-based approach to obesity management
- Identify tools and strategies for supporting families in working toward adopting healthy lifestyles

* Most patients and all providers at PHLC are Spanish-speaking. Residents who understand Spanish will benefit most from observing patient visits. Non-Spanish-speaking residents may spend the majority of their time reviewing key principles and resources with the clinic attending and dietician.