Breastfeeding Medicine Resources

**Physician Resources**

* Stanford’s Nursery [ABC’s of breastfeeding](https://med.stanford.edu/newborns/professional-education/breastfeeding/abcs-of-breastfeeding.html), including many videos on latching
* AAP Section on Breastfeeding[, Breastfeeding Residency Curriculum](https://www.aap.org/en/learning/breastfeeding-curriculum/)
* [Drugs and Lactation Database (LactMed)](https://www.ncbi.nlm.nih.gov/books/NBK501922/) to confirm medication safety/compatibility with breastfeeding
* Texas Health Steps [Breastfeeding course](https://www.txhealthsteps.com/478-breastfeeding) (2 credit hours)
* [Academy of Breastfeeding Medicine Clinical Protocols](https://www.bfmed.org/protocols) – standards of practices for conditions listed
* AAP Section on Breastfeeding Medicine, [Educational resources](https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Breastfeeding/Pages/Resources-for-Health-Professionals.aspx)(collection of websites to keep up with research and professional/community organizations)
* [IABLE](https://lacted.org/) clinical question of the week, podcasts, discounted courses

**Parent Resources**

* [First droplets](https://firstdroplets.com/team/) developed by Jane Morton and several familiar faces at Stanford
* Lactation Education Resources for [Parent Handouts](https://www.lactationtraining.com/resources/educational-materials/handouts-parents) in multiple languages
* [WIC](https://wicbreastfeeding.fns.usda.gov/) - Basics of breastfeeding, pumping, common challenges and access to local support
* [La Leche League](http://www.lalecheleague.org/) - Breastfeeding information in multiple languages and access to local support