BREASTFEEDING RESOURCES:

1. WIC program:
   Counseling
   Breast pumps
   -San Mateo County 650-573-2168
   -Santa Clara County 408-294-6315

2. Mother’s Milk Bank in San Jose: [www.mothersmilk.org](http://www.mothersmilk.org) 408-998-4550
   Breast pumps

3. La Leche League International: [www.llli.org](http://www.llli.org)
   Free support groups

4. Nursing Mother’s Counsel: [www.nursingmothers.org](http://www.nursingmothers.org) 650-327-6455
   Free classes and counseling

5. El Camino Hospital Breastfeeding Education and Assistance:
   Free information and support groups
   Outpatient counseling for a fee
   -Mountain View 650-988-8290
   -Los Gatos 408-866-3905

6. Retail establishments:

   Blossom Birth
   299 S. California Avenue, Suite 120
   Palo Alto
   650-321-2326

   Day One Baby
   552 Waverly Street
   Palo Alto
   650-646-7644

   Healthy Horizons Silicon Valley Breastfeeding Center
   671 Oak Grove Avenue, Suite P
   Menlo Park
   650-847-1907

   Healthy Horizons Peninsula Breastfeeding Center
   1432 Burlingame Avenue
   Burlingame
   650-347-6455

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