Advancing Early Psychosis Care in the United States

Gary M. Blau, Ph.D., Chief
Child, Adolescent and Family Branch
Center for Mental Health Services
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services

October 7, 2018
**21st Century Cures Act**

*As it relates to systems of care:*

- CHR-P program authorized by Section 10001 of the 21st Century Cures Act (P.L.114-255) – 10% Set Aside from the Children’s Mental Health Initiative

- Extends eligibility through 21 years of age (*rather than up to 21 years of age*)

- Recommended Level Funding ($119M) from 2018-2022 (Funding increased to $125M)
A SYSTEM OF CARE (SOC) IS...

A spectrum of effective, community-based services and supports for children and youth with or at-risk for mental health or other challenges and their families...

...is organized into coordinated networks;

...builds meaningful partnerships with families and youth;

...addresses cultural and linguistic needs

...in order to help families function better at home, in school, in the community, and throughout life.


Moving Forward:

• Expanding the definition of system of care
• More inclusive of prevention and promotion, as well as in-patient and residential

SAMHSA
Substance Abuse and Mental Health Services Administration
Systems of Care Work!

- Reduced behavioral & emotional difficulties
- Improved functioning at home, in school & in the community
- Reduced suicidal ideation & attempts
- Reduced substance use problems
- Improved ability to build relationships
# Mental Health Diagnoses at Intake for all Reporting Grants 2013-2017

<table>
<thead>
<tr>
<th>Primary Diagnosis</th>
<th>2013 – 2017 % (n=4,513)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attention Deficit/Hyperactivity Disorder</td>
<td>41.9</td>
</tr>
<tr>
<td>Mood Disorder</td>
<td>41.8</td>
</tr>
<tr>
<td>Oppositional Defiant Disorder</td>
<td>21.2</td>
</tr>
<tr>
<td>Anxiety Disorder</td>
<td>13.4</td>
</tr>
<tr>
<td>Posttraumatic Stress Disorder/Acute Stress Disorder</td>
<td>13.8</td>
</tr>
<tr>
<td>Adjustment Disorder</td>
<td>9.4</td>
</tr>
<tr>
<td>Conduct Disorder</td>
<td>9.0</td>
</tr>
<tr>
<td>Substance Use Disorder</td>
<td>4.6</td>
</tr>
<tr>
<td><strong>Schizophrenia and Other Psychotic Disorder</strong></td>
<td><strong>3.0</strong></td>
</tr>
<tr>
<td>Other Mental Health Diagnosis</td>
<td>7.6</td>
</tr>
</tbody>
</table>
THE INTEGRATION OF EARLY PSYCHOsis SERVICES IN A SYSTEM OF CARE FRAMEWORK:
Opportunities, Issues, and Recommendations

April, 2018

Tamara Sale, MA
EASA Center for Excellence
Oregon Health & Science University/Portland State University School of Public Health

Patrice Fetzer, LISW-S
Best Practices in Schizophrenia Treatment (BPS) Center
Northeast Ohio Medical University

Jennifer Humensky, PhD
Columbia University/New York State Psychiatric Institute

Megan Baker, MD
Kate Hardy, ClinPsychD
Douglas Noordsy, MD
Steven Auelheim, MD
Department of Psychiatry and Behavioral Sciences
Stanford University School of Medicine

SAMHSA
Substance Abuse and Mental Health Services Administration
2018 Funding Opportunity Announcement

Department of Health and Human Services
Substance Abuse and Mental Health Services Administration

Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis
(Short Title: CHR-P)
(Modified Announcement)

Funding Opportunity Announcement (FOA) No. SM-18-012
Catalogue of Federal Domestic Assistance (CFDA) No.: 93.243

Key Dates:

<table>
<thead>
<tr>
<th>Application Deadline</th>
<th>Applications are due by June 11, 2018.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intergovernmental Review (E.O. 12372)</td>
<td>Applicants must comply with E.O. 12372 if their state(s) participate(s). Review process recommendations from the State Single Point of Contact (SPOC) are due no later than 60 days after application deadline.</td>
</tr>
<tr>
<td>Public Health System Impact Statement (PHSIS)/Single State Agency Coordination</td>
<td>Applicants must send the PHSIS to appropriate state and local health agencies by the administrative deadline. Comments from the Single State Agency are due no later than 60 days after the application deadline.</td>
</tr>
</tbody>
</table>
2018 CHR-P Grantees

Santa Clara County, CA
San Francisco, CA
Connecticut
Delaware
Illinois
Kentucky
Maryland
New Jersey
Bernalillo County, NM
NY State Psychiatric Institute
Franklin County, OH
Summit County, OH
Eugene, OR
Pennsylvania
Beaver County, PA
South Carolina
Tennessee
Travis County, TX
Utah
Fairfax-Falls Church, VA
Milwaukee, WI
Coverage of Early Intervention Services for First Episode Psychosis
Mental Health Block Grant Ten Percent Set Aside

Early Intervention Study

Study Overview
The Substance Abuse and Mental Health Services Administration (SAMHSA), the National Institute of Mental Health (NIMH), and the Office of the Assistant Secretary for Planning and Evaluation (ASPE) are proud to support the national Mental Health Block Grant Ten Percent Set Aside (MHBG 10%) Early Intervention Study for addressing first episode psychosis (FEP). This important 3-year study focuses on how the MHBG 10% has impacted access to essential services within Coordinated Specialty Care (CSC) programs. CSC programs provide treatment for people with FEP. The study will help policy makers understand how the delivery of CSC services relates to individual client outcomes.

The objectives of this study are:
1. Explore how CSC programs increase access to essential services and improve client outcomes
2. Assess the local environmental and contextual factors related to the implementation of CSC programs
3. Explore how program fidelity to the NIMH CSC model relates to client outcomes

MHBG Study Sites

What is first episode psychosis?
Psychosis is a condition where a person loses contact with reality and...

Coordinated Specialty Care (CSC)
CSC is a service model that uses a team based approach to treat mental health conditions.
Early Intervention in Psychosis

Welcome to the NASMHPD Early Intervention in Psychosis virtual resource center, made possible through the generous support of the Robert Wood Johnson Foundation (RWJF).

Psychotic illnesses typically emerge in the teen years or during early adulthood, with the potential for significant long-term impairment. Recent research, however, has demonstrated that appropriate treatments and supports can:

- Help to prevent the full-onset of illness for persons in a high-risk state, and
- Improve long-term outcomes for those who have already had a first episode of psychosis.

The research has led to the development of early intervention and treatment programs with the potential to benefit millions of youth and young adults with or at risk of psychosis.

The Early Intervention in Psychosis virtual resource center is designed to provide reliable information for practitioners, policymakers, individuals, families, and communities in order to foster more widespread adoption and utilization of early intervention programming for persons at risk for (or experiencing a first episode of) psychosis. The site includes information from a national RWJF-funded demonstration to identify and prevent the onset of psychotic illness – the Early Detection and Intervention for the Prevention of Psychosis Program (EDIPPP) – as well as other early intervention initiatives.

What is Psychosis?  About EDIPPP  Information for Providers
CHR FEP Learning Community

November Kick-off with State of the Science

Series of webinars

Peer-to-peer learning activities

Utilization of a learning management system

Sign up for the TA Telegram by emailing TAtelegram@ssw.umaryland.edu with the subject “Subscribe”
SAMHSA’s mission is to reduce the impact of substance abuse and mental illness on America’s communities.

www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) ● 1-800-487-4889 (TDD)