The elective rotation in complex care is designed to provide the pediatric resident with a spectrum of experience in the care of the child with medical complexity (CMC). Each resident may help design their elective by selecting from a menu of learning experiences that has been created to meet the goals and objectives of the elective. This menu includes (bolded are mandatory):

- **Clinical evaluation of the CMC in the Complex Primary Care Clinic**
- Development of a health care team, family goals and a care coordination plan working with parent mentors, case managers, nurses and social workers in the complex care program
- Community experiences which can include the San Mateo County “Watch Me Grow” program, School based programs that address the educational needs of CMC, Abilities United, and other sites
- Experience in the rehabilitation of the CMC working in the Regional Center, CCS Medical Treatment Program, and the Children’s Recovery Center
- **Family centered care of the child with medical complexity working with parent mentors in the Complex Care Program and visiting families with a child with CMC**
- Care of the child who is technologically dependent working with ENT, GI, neurology, neuromuscular and pulmonary services in the care of children with tracheostomies, G and GJ tubes, Central lines for TPN, and ventilator or tracheostomy dependent children. This may include accompanying the CMC to one or more of the specialty clinics mentioned above.
- **Transition to adult care working with our CPCC consultant for transition to adult care (Med-Peds Trained)** and a visit to a group home for adults with disabilities run by the Golden Gate Regional Center
- Care and communication of the CMC if admitted to the hospital and assisting in communication and coordination of outpatient goals including changes or additions based on the hospital outcome.
- Working with the case manager on the inpatient team in preparing the CMC for discharge with necessary coordination of services and follow-up appointments.

The Rotation Objectives:

- At the end of the rotation, the pediatric resident will have knowledge of the medical, community, mental health and rehabilitative services needed for the care of CMC
- By the end of the rotation, the pediatric resident will be familiar with the develop of a health care team, a care plan and family goals for a CMC
- By the end of the rotation, a pediatric resident will have knowledge of the importance of the family in the development of a health care team, a care plan, patient goals and self-management of their child

Each resident at the end of their rotation, will be expected to give a presentation (30-60 minutes) of a topic in the care of the CMC that will be valuable to future residents. The Complex Care Program will archive all presentations for future reference by residents.

The rotation is two weeks minimum. If you are interested in this elective please contact:

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