

**ROTATION SUMMARY**  
**Outpatient Primary Care Elective**

**Rotation Contacts:**

**Rotation Director:**

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**Introduction**

Practicing Primary Care in an outpatient setting can vary greatly depending on practice type, geographic location, subspecialist availability, and patient population. Those interested in pursuing a career in Primary Care are often interested in exploring these options as a first-hand observer via the Primary Care Elective. Additionally, Primary Care Practitioners are faced with unique challenges related to fostering relationships with families during time-limited visit encounters and providing counseling on a wide range of topics from nutrition to parenting strategies. While as a resident, one can easily learn the AAP's nutritional guidelines, how to effectively discuss these guidelines and provide memorable anecdotes or pearls is often learned through modeling.

During the Primary Care Elective, residents will rotate through a few practices and shadow different physicians within each setting. The resident will generally be an observer during the patient encounters and will have a chance to discuss strategies and approaches with the practitioner following the visit. The resident will be asked to focus on preventative care and by the end of the rotation after observing multiple practitioners, develop their own approach to several common parenting problems.

**Rotation Specifics**

**Schedule**

Schedule will vary based on practitioner availability and will be customized for each resident. In general, one can expect to spend 4 – 5 full days in the clinic setting each week.

**Pager**

Residents are expected to carry their pager Monday through Friday from 8am – 6pm. Residents should provide each practice with a contact number/pager number should schedule changes arise.

**Call Responsibilities**

There are no call expectations associated with the rotation.

**Resident Roles and Responsibilities:**

Each site and preceptor may have their own expectations and it is the resident's responsibility to clarify these at each practice. The rotation requires flexibility, adaptability and a motivated independent learner. In addition to partaking in clinic and actively shadowing preceptors/conducting visits as delegated, the resident is responsible for:

- Reading at least one parenting book recommended during one of the encounters you observe.
- Exploring 5-6 different parenting advice websites and developing your own list of preferred resources
- Developing your own responses to a minimum of 8 of the scenarios in the accompanying list

**Evaluation and Feedback**

Residents will be asked to evaluate preceptors and the rotation. If a resident spends significant time at one clinic site, it may be appropriate for the group to complete an evaluation. This will be determined by Dr. Loutit. Dr. Loutit will touch base with each resident at the completion of the rotation to review completion of the responsibilities and will provide a summative evaluation for the rotation.

**Goal 1: Grow as an independent learner. Understand one's own knowledge base and gaps related to outpatient primary care and proactively address deficiencies.**

Resident Objectives:	Instructional Strategies	Evaluation	ACGME Competency Goals
Prior to start of rotation, list at least 10 outpatient primary care topics you identify as weak areas and focus learning on these during the rotation.	Self-reflection Review list of case scenarios	Discussion with RD at rotation completion	PBLI
Develop list of 5-10 resources that you will utilize and recommend in practice.	Review at least 5 parenting websites. Review AAP handouts on common topics Ask preceptors for their suggestions	Discussion with RD at rotation completion	PBLI
Develop list of recommended general parenting books as well as parenting books on specific topics.	Read at least one parenting book on a topic you encounter during the rotation. Ask preceptors and patients for their suggestions	Discussion with RD at rotation completion	PBLI MK
Select 8 cases on the Case List and develop your own response to addressing these scenarios.	Thoroughly review any evidenced based literature surrounding the topic. Review common websites for information on the topic. Shadowing preceptors Review parenting books on the topic.	Discussion with RD at rotation completion	PBLI MK

**Goal 2: Appreciate differences in varying practice environments and your own preferences/concerns regarding these differences.**

Resident Objectives:	Instructional Strategies	Evaluation	ACGME Competency Goals
Define the important variables in the different practice environments. Observe and record how responsibilities/patient care are shared and delegated.	Create table outlining practice structure, number of partners, how call and weekends are shared, how patient calls are handled when practitioner not available, administrative aspects of practice, compensation, referrals, partnership opportunities, etc.	Discussion with RD at rotation completion	SBP