

## Coaching Handoff Tips 2018.06.19 v3

- For new patients or acute clinical changes, include your ddx and clinical reasoning of what is most likely/less likely/can't miss. This helps both day/night teams to have a shared mental model of the patient
- For physical exams that can potentially evolve over time consider including their most recent physical exam so the day/night team has a baseline.
  - respiratory patients (work of breathing, respiratory score for asthma, etc), -- -- -- patients with focal neurologic findings
  - patients with developmental delay at risk for altered mental status. Without information about baseline mental status, some may **assume** it's "normal" for the patient with delay to be nonverbal
    - Ex: child with metabolic disorder admitted for hyperammonemia, it can be really helpful to have a baseline of her mental status/developmental delay. Ex: 14 yo girl with arginase deficiency and developmental delay (developmentally ~6-7 years old). Likes taking about her princesses. So if she doesn't answer your questions about Moana, then be concerned for altered mental status.
- When signing out to the night team, if you anticipate overnight interventions, try to be as **specific** as possible. This is incredibly helpful for the busy night team
  - if I/O balance is +500, give Lasix 10 mg IV x 1
  - if febrile to 38.5, then send blood cultures from both lumens and restart meropenem 1150 mg IV q6 hrs (for *Actinomyces*) and vancomycin 700 mg IV q8 hrs (for *Corynebacterium*, *Trueperella*). Order vanco trough before 4<sup>th</sup> dose. We're using higher doses for CNS penetration with goal vanco trough between 15-20 (closer to 20)
  - followup on ammonia level ~20:00 tonight, goal <80. If above 80 then call genetics. If >150 or any mental status change, call RRT
- When signing out to the night team (especially on subspecialty service), it can be helpful to say which fellow/attending is on-call and their contact number (pager, phone) and whether they preferred to be paged/called
- When on night-float, consider identifying your sickest patient, the way they might clinically worsen, and how you would present their SBAR during a rapid response (very different from "signout" format). I've found it helpful to "practice" my SBAR when I'm working nights (especially for the complex stem cell transplant patients)

- Situation:** Why did you call the RRT?  
Ex: Altered mental status, hypotension, tachycardia  
**"Altered mental status"**
- Background:** One-liner  
**"14 yo girl with arginase deficiency, multiple recent admits for metabolic crises, remote history of seizures. Admitted for recurrent vomiting and hyperammonemia."**
- Assessment:** What do you think is going on?  
**"Concerned about acutely elevated ammonia with AMS. May need transfer to PICU for management."**
- Recommendation:** What would you like to do? How can rapid response team help?  
**"We need a STAT free-flowing ammonia on ice. May need additional IV access and may need to start Ammonul."**