Careers in Pediatric Hospital Medicine

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Agenda

• Intro to panelists
• The emerging field of PHM: recent changes nationally
• PHM Fellowship: to do or not to do?
• Pros/cons of careers in PHM
• Stanford PHM fellowship
• Preparing jobs/fellowships—how do I make myself competitive?
Intro to panelists

- Becky Blankenburg
- Nita Srinivas
- Jessica Gold
- Kim Hoang
- Laura Chappell-Campbell

What is your role in PHM and how did you become a hospitalist?
What were the benefits of the approach you took? Drawbacks?
THE EMERGING FIELD OF PHM: RECENT CHANGES NATIONALLY
American Board of Pediatrics Updates

• In 2016, the American Board of Medical Specialties (ABMS) and the American Board of Pediatrics (ABP) approved PHM as a subspecialty
• PHM Board examination beginning in 2019
• All current PGY2s and future trainees will need PHM fellowship if they want to be eligible to sit for the PHM boards
• All current PGY3s and chief residents will be eligible for the practice pathway (“grandfathering”) if meet eligibility in the first 3 exam cycles (2019, 2021, 2023)
Accreditation Council for Graduate Medical Education Updates

• 2017: The Accreditation Council of Graduate Medical Education (ACGME) announced that it will proceed with certification of 2-year PHM Fellowship programs
• ACGME program requirements for PHM released Feb 2019
• ACGME accreditation for individual programs expected beginning in 2020
• ACGME will require evaluation on the Pediatric Subspecialty milestones (21)
Practice pathway (also known as “Grandfather” Period)

• To be eligible for grandfathering, must be board certified in general pediatrics

• First three exam cycles are available to people who are “grandfathering” in—fellowship is not required (2019, 2021, 2023)

• After these three administrations, the only way to be eligible for certification is by doing a fellowship

https://www.abp.org/content/pediatric-hospital-medicine-certification
Practice Pathway

• Most recent four years of full time practice

• At least 50% time spent in clinical care, teaching, QI, research, administration related to PHM

• At least 25% of total time must be direct patient care in PHM

• Practice experience must be from US and/or Canada

• Practice during chief residency can count towards this if meets specific clinical requirements

https://www.abp.org/content/pediatric-hospital-medicine-certification
Training Pathway

• At least 2 years of PHM fellowship within the past 7 years (US and Canada); GAP training will be considered if clinical time inpatient

https://www.abp.org/content/pediatric-hospital-medicine-certification
Special Circumstances: Current PL3 pediatric residents

1. Resident doing a Chief Year
   - Would have to complete ALL residency training by 2019
   - Sit for board exam in 2023 if meets eligibility criteria for practice pathway
   - OR complete a 2 (+) year fellowship program per training pathway

2. Resident considering Part-time practice of PHM
   - Practice Pathway: Must be 0.5 FTE (if <20 hrs/wk, cannot qualify through practice pathway)
   - OR complete a 2 (+) year fellowship program per training pathway

3. Taking a break after residency before starting job
   - Practice pathway- must accrue 4 years of practice per criteria
     - Credentials committee will review special circumstances
     - Credentials committee will determine cutoff
   - OR complete a 2 (+) year fellowship program per training pathway
Summary

- PL3s can still utilize the practice pathway and sit for the 2023 exam if they meet all eligibility criteria
- Current interns and juniors will have to complete fellowship training to be eligible to sit for the PHM boards
Practicing PHM without PHM board certification

• Supply-demand opportunities
• Most likely, will be able to practice at community sites, possibly also at some academic institutions
• Most likely, will be able to practice within other subspecialties (ie. PICU hospitalist, SCT hospitalist, neonatal hospitalist)
PHM Fellowship: to do or not to do?

• Pros of doing a fellowship
• Cons of doing a fellowship
• Alternatives to doing a fellowship
PHM Fellowship at Stanford

- Started in 2013
- Currently 2 fellows/year
- 2-year fellowship
- Approximately 1/3 clinical, 1/3 systems and scholarship, 1/3 individualized education time
- Special features: med ed, QI, clinical research, informatics
# Stanford PHM Fellowship Curriculum

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<tr>
<th>Core Clinical rotations</th>
<th>Year 1</th>
<th>Year 2</th>
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<tr>
<td>• Hospitalist service</td>
<td>• 10 weeks (7 LPCH, 3 CPMC)</td>
<td>• 10 weeks (5 LPCH, 5 CPMC)</td>
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<tr>
<td>• Nights</td>
<td>• 10 nights (LPCH/CPMC)</td>
<td>• 10 nights (LPCH/CPMC)</td>
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<td>• Surgical Consult/Complex Care Service</td>
<td>• 2 weeks</td>
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<td>• SCVMC Sedation</td>
<td>• 2 weeks</td>
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<tr>
<td>• SCVMC Newborn Care</td>
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<th>Systems and Scholarship</th>
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<tr>
<td>• Quality &amp; Performance Improvement</td>
<td>• 4 weeks</td>
<td>• 8 weeks</td>
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<tr>
<td>• Fellow as Teacher</td>
<td>• 2 weeks</td>
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<tr>
<td>• Research Skills Bootcamp</td>
<td>• 1 week</td>
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<tr>
<td>• Research</td>
<td>• 14 weeks</td>
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<th>Individualized Curriculum</th>
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<tr>
<td>•</td>
<td>• 8 weeks</td>
<td>• 24 weeks</td>
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<th>Vacation</th>
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<tr>
<td>•</td>
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Resources: phmfellows.org website

WELCOME

PHMFellows.org is an interactive, on-line community for those interested or involved in Pediatric Hospital Medicine (PHM) fellowships. We are dedicated to providing the most up to date information regarding PHM fellowship training, as well as other resources for those interested in learning more about careers in PHM.

As PHM fellowships have proliferated and the PHM fellowship community has grown, there has been a growing need for a central electronic platform to disseminate information and encourage collaboration. We are grateful for the support from the American Academy of Pediatrics Section on Hospital Medicine, which has been instrumental in achieving this goal.
Preparing jobs/fellowships—how do I make myself competitive?
Exposure to Different Careers

- Electives (PEC elective, Watsonville elective, away rotations)
- Networking Opportunities
  - Residency Alumni
  - National Conferences
    - AAP National Conference: each October
      - SOHM meets for one day
    - Society for Hospital Medicine (SHM): each spring
    - Pediatric Academic Societies: each April/May
    - Pediatric Hospital Medicine: each July
Fellowship Personal Statement

• What do you want your story to be?
• Area of interest (clinical or other)
• Highlight prior scholarly work
• Identify specific goals for what you want to learn in fellowship
• Long-term goals, and how fellowship will help you get there
Questions?