Blue-Yellow Night Float Intern Rotation Guide

Contact Information
Rotation Co-Directors: Becky Ivancie
Anna Lin
Rotation Liaison: Allie Rubin

Introduction
Welcome to Blue-Yellow Night Float Intern Rotation! This inpatient rotation will give you exposure to general and subspecialty pediatrics. You will be responsible for acutely and chronically ill patients who are admitted to the wards at Lucile Packard Children's Hospital Stanford. This patient population offers high complexity as well as high acuity management which will prepare you for your future career as a pediatrician.

Please read the 5 minute curriculum on the peds.stanford.edu Core Rotation website made by your rotation liaison for a brief resident-designed rotation orientation.

Schedule
Rotation Schedule

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* Note: The 1st week of the NF Intern rotation is the 2nd week of the NF Supervisor rotation.

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**Nightly Schedule**

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<td>5P-6P</td>
<td>Signout</td>
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<tr>
<td>10P-10:30P</td>
<td>NF Supervisor+Hospitalist Safety Rounds (interns do not attend)</td>
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<td>11P-11:30P</td>
<td>Night Curriculum Teaching Session</td>
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<tr>
<td>6A-7A</td>
<td>Intern Signout</td>
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**Rotation Specifics**

**Orientation**
You should read the welcome email and 5 Minute Orientation for the rotation prior to starting your first shift. Your night float supervising resident should hold a brief session on the first night of your rotation to discuss how night float will be run. This will include how to handle and who to call for worsening patient conditions, admissions, discharges, and interactions with medical students, fellows, and attendings. She/he should also set expectations for your role at night. Please prompt your supervising resident to do this if he/she has not done this on your first night.

You are encouraged to set personal goals for the rotation and review them with your supervisor and/or hospitalist attending.

**Night Float Team Composition**
The night float team consists of a supervising resident and 2 interns. The interns cover Blue-Yellow and Red-Green services. The night float team will be responsible for select Purple team patients [see below]. Supervising residents may ask an intern to help the other one out on any given night if the work flow is highly uneven. Please volunteer to help your colleague if you are able. Depending on the time of year, there may be a sub-intern rotating.

**Signout**
The night float team arrives at 5 PM for signout from the day team. You will receive signout from your intern colleagues in IPASS format. Supervising residents will signout separately. As time progresses, the night float team will know the services better, and sign-out should be relatively quick and concise—focusing on new admissions and new developments for existing patients.

Each morning, interns from each day team will meet with the night float interns at 6 AM to sign out new patients and important overnight events.

**Pagers and Phones**
The Blue-Yellow Intern will use a Voalte phone. Please log in at the beginning of your shift and choose Blue and Yellow as well as Night Float Team roles. The team

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pagers intern [Blue 19405 and Yellow 12074] should be forwarded to your personal pager or cell phone. Do not forward pagers to the Voalte phone.

Teaching
You are encouraged to engage in informal, on-the-fly teaching with medical students and sub-interns, if they are rotating with you.

Please be in the resident lounge at 11PM Monday-Friday for 15-30 minutes of Night Curriculum teaching. Your supervising resident should lead a didactic lecture after Safety Rounds are completed. If the night float supervisor is unavailable, the expectation is that you find a time during your night to review the topic yourself as all materials are available online at http://med.stanford.edu/peds/rotations/core/night-float-supervisor-educational-tools.html

Week 1 for Interns / Week 2 for Seniors:

- Monday – Fever
- Tuesday – Triage on the Wards
- Wednesday – Respiratory Distress
- Thursday – Communicating with Patients and Families in the Nighttime Role
- Sunday – Seizures

Week 2 for Interns / Week 1 for Seniors:

- Monday – Depressed Mental Status
- Tuesday – Handoffs
- Wednesday – Shock
- Thursday – Autonomous Decision-Making
- Sunday – Pain Management

Week 3 for Interns:

- Monday - Objectives and Orientation Scavenger Hunt
- Tuesday - Code Cart Scavenger Hunt
- Wednesday - Chest X-Ray 101 +/- 102
- Thursday - Chest X-Ray 102 +/- 103
- Sunday - Hands-On Respiratory Equipment

Week 4 for Interns:

- Monday - Objectives and Self-Reflection (refer to previous objectives worksheet)
- Tuesday - Communication with Staff
- Wednesday - EKG 101
- Thursday - EKG 102
- Sunday - Medical Equipment: G-Tubes and Trachs

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Team Coverage
Blue, Yellow Teams
- Admissions should be staffed with the on call fellow/attending of each team.
- **Interns are expected to see new admits in the Stanford ED.** Supervisors are encouraged to do this, as well, but it is not mandated.
- PAMF patients who are admitted to Blue Team after 5 PM should be discussed with the overnight LPCH Hospitalist unless otherwise instructed.
- If you are going to page a fellow, please discuss the medical issue with your senior resident first -- this will help promote a culture of autonomy for you and the senior resident.
- For transfers from the PICU, you are expected to attend bedside handoff prior to the transfer with your senior resident and PICU team. The night float supervisor will keep you updated if there are any pending transfers.

Purple Team
The Night Float Team is responsible for new admissions and transfers from the intensive care unit from 6p-7a. The Night Float Supervisor will determine which intern will manage the new admissions/transfer.

- Cardiology fellow or Purple Team resident will sign out all incoming patients to the night float supervisor. Cardiology fellow is responsible for all existing Purple Team patients.
- The Night Float team will manage the new patients for the first night of admission or transfer to floor
- The Blue/Yellow, Red/Green Intern or Night Float Supervisor will place an MD to RN order stating that pages regarding the patient's care will go to the Intern and/or Night Float Supervisor until 7 AM the following morning
- The Night Float Supervisor will call the overnight cardiology fellow in the morning to sign out any overnight events. The cardiology fellow will then sign out the patient to the Purple Team resident.

Weekends
On weekends, the expectation is that the NF interns pre-round and write progress notes (if patients are admitted before midnight) on the overnight admissions. We do not expect you to pre-round and write notes on other patients.

Evaluations
Please fill out your evaluations in Medhub of the rotation, the night float supervisor and the attendings with whom you work. Your night float supervisor and attendings are expected to do the same for you.

Please let us know of any questions, concerns or feedback. We hope you have a great experience!