

Night Float Supervisor Rotation Guide

Contact Information

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Introduction

Welcome to Night Float Supervisor! This inpatient rotation will give you exposure to general and subspecialty pediatrics. You will be responsible for acutely and chronically ill patients who are admitted to the wards at Lucile Packard Children's Hospital Stanford. This patient population offers high complexity as well as high acuity management which will prepare you for your future career as a pediatrician.

Schedule

Rotation Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NF Sup Week 1	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n
NF Sup Week 2	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NF Int Week 1*	5P-7A	5P-7A	5P-7A	5P-7A	5P-7A	Cross-cover	Cross-cover
NF Int Week 2	5P-7A	5P-7A	5P-7A	5P-7A	5P-7A	Cross-cover	Cross-cover

* Note: The 1st week of the NF Intern rotation is the 2nd week of the NF Supervisor rotation.

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 RI, AL

Nightly Schedule

5P-6P	Signout
10P-10:30P	Safety Rounds
11P-11:30P	Teaching Session
6A-7A	Intern Signout
7A-8A	Signout
8A-12noon*	Admissions/Discharges/Rounds

* If all work is done prior to noon, you may leave as early as 10 AM.

Rotation Specifics

Orientation

The night float supervising resident should review the welcome email and 5 Minute Orientation Guide prior to the start of the rotation. As the night float supervisor, this is your opportunity for autonomy, including your role as a supervisor which will include teaching. You may set personal goals for your rotation and review them with the hospitalist on call. It is also important to orient your interns and guide goal setting for them.

The night float supervising resident should hold a brief session on the first night of the intern rotation to discuss how night float will be run and the expectations for how to handle, as well as who to call for, worsening patient conditions, admissions, discharges, and interactions with medical students, fellows, and attendings.

Night Float Team Composition

The night float team consists of a supervising resident and 2 interns. The interns cover Blue-Yellow and Red-Green services. Depending on the time of year, there may be a sub-intern rotating, as well.

Signout

The night float team arrives at 5 PM for signout from the day team. Team supervisors will sign out to you. Interns will signout separately. Signout should be in the IPASS format. As time progresses, the night float team will know the services better, and it should be relatively quick and concise—focusing on new admissions and new developments for existing patients.

Each morning (Monday through Friday) supervisors from each day team will meet with the night float supervisor at 7 AM to sign out new patients and important overnight events. Interns will signout to each other separately at 6 AM.

It may be helpful to run the patient lists after signout with your interns to ensure a shared mental picture.

Pagers and Phones

The night float supervisor has a Voalte phone provided. You will need to log in at the beginning of your shift. Choose NF Sup as your role. You will also need to choose the Night Float Team as another role. Do not forward your pager to the Voalte phone.

The night float supervisor is responsible for carrying the code pager.

The team pagers should be forwarded to the respective night float intern [Blue 19405, Yellow 12074, Red 19626, and Green 19627] pagers or cell phone.

Safety Rounds

You are expected to attend – and ideally lead - Safety Rounds with the hospitalist, nursing supervisor and patient placement representative. Rounds generally start at 10 PM on PCU 380 → PCU 350 → PCU 360 → PCU 374 → PICU. If you have patients housed in the Short Stay Unit, PCU 160, or alternative care areas, please continue rounds onto these units as well.

Safety Rounds
<ul style="list-style-type: none">• Review clinical concerns with charge nurse on each unit, especially any “sick” patients<ul style="list-style-type: none">○ Any new PICU transfers?○ Any patient deterioration [i.e. escalating O2 needs]? Review PEWS scores○ Any other safety concerns?• Review any discharges for the next day, especially early morning discharges<ul style="list-style-type: none">○ For color team patients, discuss any potential needs for the teams to address – medication reconciliation or paperwork, etc• Review Mission Zero for the month• PICU Safety Rounds with Charge Nurse and PICU Fellow/Attending<ul style="list-style-type: none">○ Discuss any acute care patients that are concerning○ Discuss pending transfers to floor or possible transfers to the PICU at the PICU board. This is led by the PICU fellow.○ THIS DISCUSSION DOES NOT TAKE THE PLACE OF FACE-TO-FACE BEDSIDE HANDOFF OF ANY PATIENT WHO TRANSFERS OVERNIGHT; teams should follow normal procedures for this warm handoff

Team Coverage

Blue, Yellow, Red and Green Team

The night float supervisor is responsible for overseeing all color medical teams [Blue, Yellow, Red, and Green]. Admissions should be staffed with the on call fellow/attending of each team. Interns are expected to see new admits in the

Stanford ED. Supervisors are encouraged to do this, as well, but it is not mandated. PAMF patients who are admitted to Blue Team after 5 PM should be discussed with the overnight LPCH Hospitalist.

Purple Team

The Night Float Team is responsible for new admissions and transfers from the intensive care unit from 6p-7a. The Night Float Supervisor will determine which intern will manage the new admissions/transfers.

- Cardiology fellow or Purple Team resident will sign out all incoming patients to the night float supervisor. Cardiology fellow is responsible for all existing Purple Team patients.
- The Night Float team will manage the new patients for the first night of admission or transfer to floor
- The Blue/Yellow, Red/Green Intern or Night Float Supervisor will place an MD to RN order stating that pages regarding the patient's care will go to the Intern and/or Night Float Supervisor until 7 AM the following morning
- The Night Float Supervisor will call the overnight cardiology fellow in the morning to sign out any overnight events. The cardiology fellow will then sign out the patient to the Purple Team resident.

Teaching

The night float supervisor is encouraged to engage in informal, on-the-fly teaching over the course of the night. This may include review of new admissions, the differentials and treatment plans as well as medical decision-making on existing patients overnight with your interns.

In addition, the night float supervisor is responsible for leading teaching sessions at night. The night float curriculum material is available at the following website: <http://med.stanford.edu/peds/rotations/core/night-float-supervisor.html>.

Week 1 for Interns / Week 2 for Seniors:

- Monday – Fever
- Tuesday – Triage on the Wards
- Wednesday – Respiratory Distress
- Thursday – Communicating with Patients and Families in the Nighttime Role
- Sunday – Seizures

Week 2 for Interns / Week 1 for Seniors:

- Monday – Depressed Mental Status
- Tuesday – Handoffs
- Wednesday – Shock
- Thursday – Autonomous Decision-Making
- Sunday – Pain Management

Week 3 for Interns:

- Monday - Objectives and Orientation Scavenger Hunt
- Tuesday - Code Cart Scavenger Hunt
- Wednesday - Chest X-Ray 101 +/- 102
- Thursday - Chest X-Ray 102 +/- 103
- Sunday - Hands-On Respiratory Equipment

Week 4 for Interns:

- Monday - Objectives and Self-Reflection (refer to previous objectives worksheet)
- Tuesday - Communication with Staff
- Wednesday - EKG 101
- Thursday - EKG 102
- Sunday - Medical Equipment: G-Tubes and Trachs

Night Float Resources

Although resources are more limited at night, please remember that there are some available. Consider the following resources:

- Night time hospitalist
- PICU fellow
- CVICU attending
- Pediatric Anesthesia fellow
- OB Anesthesia attending and fellow
- Administrative Nursing Supervisor

Evaluations

Please fill out your evaluations in Medhub of the rotation, your night float interns and the attendings with whom you work. Your night float interns and attendings are expected to do the same for you.

Please let us know of any questions, concerns or feedback. We hope you have a great experience!