

Blue-Yellow-Silver Night Float Intern Rotation Guide

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Introduction

Welcome to Blue-Yellow-Silver Night Float Intern Rotation! This inpatient rotation will give you exposure to general and subspecialty pediatrics. You will be responsible for acutely and chronically ill patients who are admitted to the wards at Lucile Packard Children's Hospital Stanford. This patient population offers high complexity as well as high acuity management which will prepare you for your future career as a pediatrician.

Please read the 5 minute curriculum on the peds.stanford.edu Core Rotation website made by your rotation liaison for a brief resident-designed rotation orientation.

Schedule

Rotation Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NF Int Week 1*	5P-7A	5P-7A	5P-7A	5P-7A	5P-7A	Cross-cover	Cross-cover
NF Int Week 2	5P-7A	5P-7A	5P-7A	5P-7A	5P-7A	Cross-cover	Cross-cover

* Note: The 1st week of the NF Intern rotation is the 2nd week of the NF Supervisor rotation.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NF Sup Week 1	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n
NF Sup Week 2	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n	Sup A 5P-12n	Sup B 5P-12n

Nightly Schedule

5P-6P	Signout
10P-10:30P	NF Supervisor+Hospitalist Safety Rounds (interns do not attend)
11P-11:30P	Night Curriculum Teaching Session
6A-7A	Intern Signout

Rotation Specifics

Orientation

Your night float supervising resident should hold a brief session on the first night of the intern rotation to discuss how night float will be run and the expectations for how to handle, as well as who to call for, worsening patient conditions, admissions, discharges, and interactions with medical students, fellows, and attendings. Please prompt your supervising resident to do this if he/she hasn't on your first night.

Night Float Team Composition

The night float team consists of a supervising resident and 2 interns. The interns cover Blue-Yellow-Silver and Red-Green services. Depending on the time of year, there may be a sub-intern rotating, as well. Supervising residents may ask an intern to help the other one out on any given night if the work flow is highly uneven. Please volunteer to help your colleague if you are able.

Signout

The night float team arrives at 5 PM for signout from the day team. Interns are responsible for signing out to night float team interns and supervisors will sign out to the night float supervisor. As time progresses, the night float team will know the services better. Therefore, sign-out should be relatively quick and concise—focusing on new admissions and new developments for existing patients.

Each morning, interns from each day team will meet with the night float interns at 6 AM to sign out new patients and important overnight events.

Pagers and Phones

The Blue-Yellow-Silver Interns should use their day time intern VOALTE phones and ensure they are logged into the “blue team”, “Yellow team” and “silver team intern” roles. The team pagers/Voalte phone should be passed off to the night float team, or the pagers forwarded to your personal pager or cell phone.

Education

Please be in the 3rd Floor PCU 300 Workroom in the Main Hospital at 11PM Monday-Friday for 15-30 minutes of Night Curriculum teaching. The hospitalist will hopefully be available to do this, but if they are not, the R3 should do it. If the R3 is unavailable, the expectation is that you find a time during your night to review the topic yourself as all materials are available online. The topic of the night rotates and can be found on the chiefs blog/schedule on the peds.stanford.edu website. Materials (and schedule) can be found on your home website listed above under "Readings and Resources." Please remind your colleagues to help promote the occurrence of teaching.

Team Coverage

Blue, Yellow, Silver Teams

1. Admissions should be staffed with the on call fellow/attending of each team.
2. Interns are **NOT** expected to see new admits in the Stanford ED. However, if you would like to examine your patient there prior to their arrival on the floor, it is your choice.
3. Any general pediatric admissions (Blue/Silver) arriving **AFTER midnight will not** be formally staffed with the night hospitalist in order to help promoted resident autonomy unless at the discretion of the senior resident or your concern for:
 - a. high acuity/risk of deterioration overnight or
 - b. need for high-stakes work-up/imaging (ex. emergency MRI)
4. PAMF patients who are admitted to Blue or Silver Team after 5 PM should be discussed with the overnight PAMF Hospitalist.
5. If you are going to page a fellow, please discuss the medical issue with your senior resident first -- this will help promote a culture of autonomy for you and the senior resident.

Weekends

On weekends, the expectation is that the NF interns round and write progress notes (if patients are admitted before midnight) on the overnight admissions. We do not expect you to pre-round and write notes on other patients.

Evaluations

Please fill out your evaluations in Medhub of both the rotation and the attendings with whom you work. Your attendings are expected to do the same for you.

Please let us know of any questions, concerns or feedback. We hope you have a great experience!

Last Updated 6/18/2019