Stanford MEDICINE

Department of Pediatrics Faculty Meeting

June 24, 2020

Advocacy Update

- Lisa Chamberlain, MD, MPH
- Lahia Yemane, MD

Education Update:

- Hayley Gans, MD
- Carrie Rassbach, MD, MAEd
- Elizabeth Stuart, MD
- Becky Blankenburg, MD, MPH

Stanford Children's Health | Lucile Packard Children's Hospital Stanford

Congratulations!

Jonathan Palma, MD **Natalie Pageler, MD**

2019 Teaching Award for running the Clinical Informatics Fellowship Program

Congratulations!

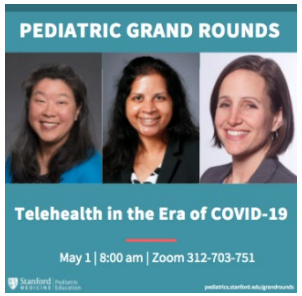
Carmin Powell, MD

Lahia Yemane, MD

Leadership Education in Advancing Diversity Program
2020 President's Awards for Excellence Through Diversity

Pediatric Grand Rounds on COVID-19

Response to COVID-19 in Taiwan: Big Data Analytics, New Technology, and Proactive Testing



Telehealth in the Era of COVID-19

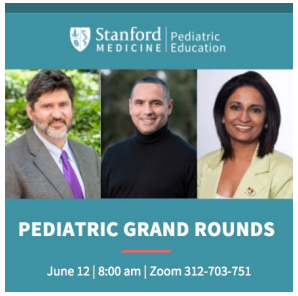
Confronting COVID-19 in Low-Resource Communities: Local, Migrant, and Global Settings

Perinatal Care in the Context of COVID-19

Ethical Duties and Resources in a Pandemic

Using Covid Epidemiology to Understand When and How to Return to School

Optimizing Education in the Time of COVID-19



What's on Kids' Minds: Addressing Mental Health Needs and Challenges during a Pandemic

Please join us for the 1st Virtual

Department of Pediatrics Awards Day

on Friday, June 26 @ 8 – 9AM

via Zoom

Awards for Faculty

Stanford Pediatrics DRIVE Award
Early Career Clinical Excellence Award
Basic Science Research Award
Laura Bachrach Mentor Award
Medical Education Scholarship Award
Resident Golden Apple Award
Advocacy Award
Mid-Career Clinical Excellence Award
Clinical Science Research Award
Postdoc Mentor Award
Fuji Apple Award
Resident Feedback Award

Awards for Staff

Donna Schurr Spirit Award
Innovation Award
Rising Star Award
Collaboration Award

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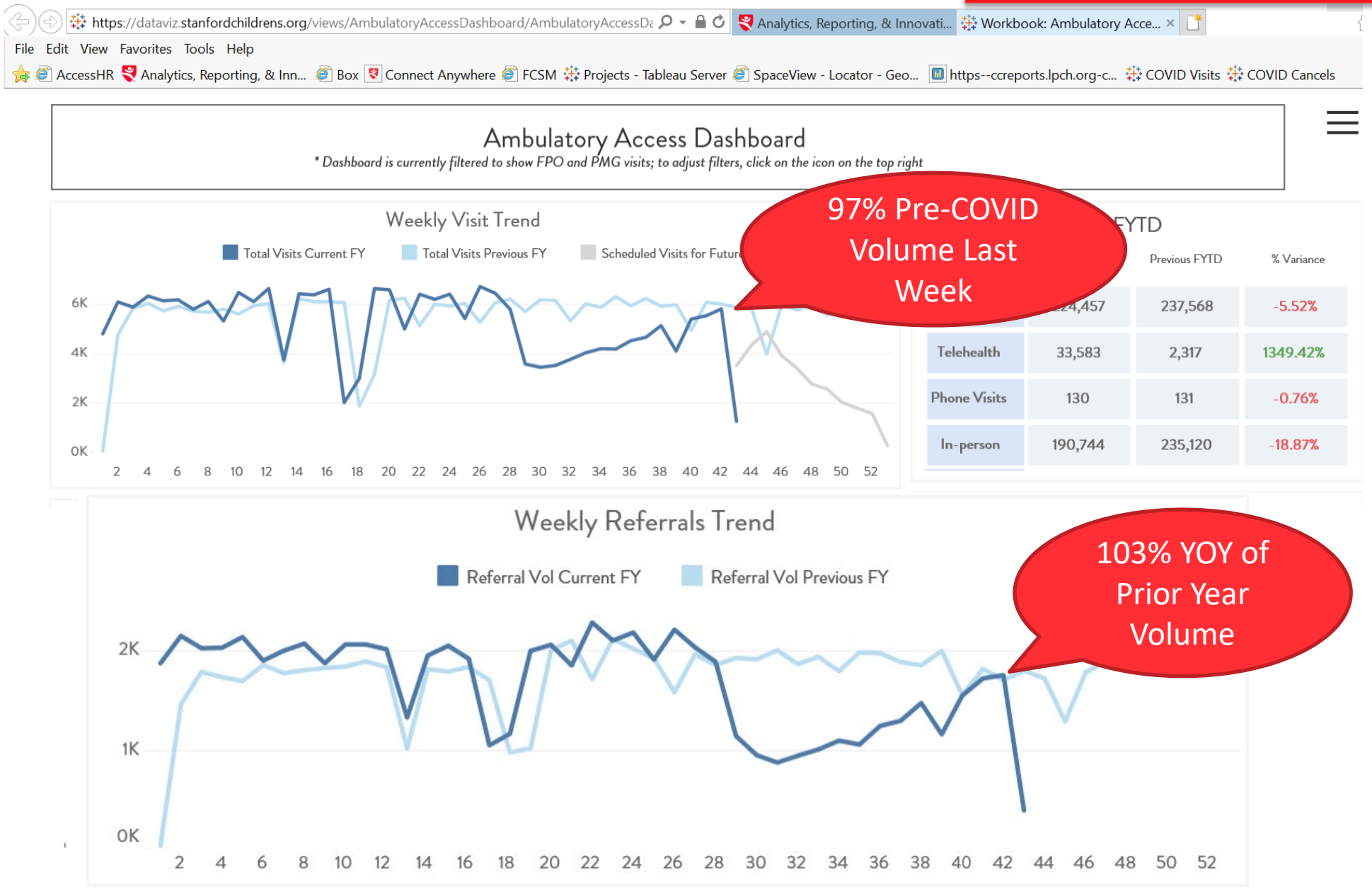
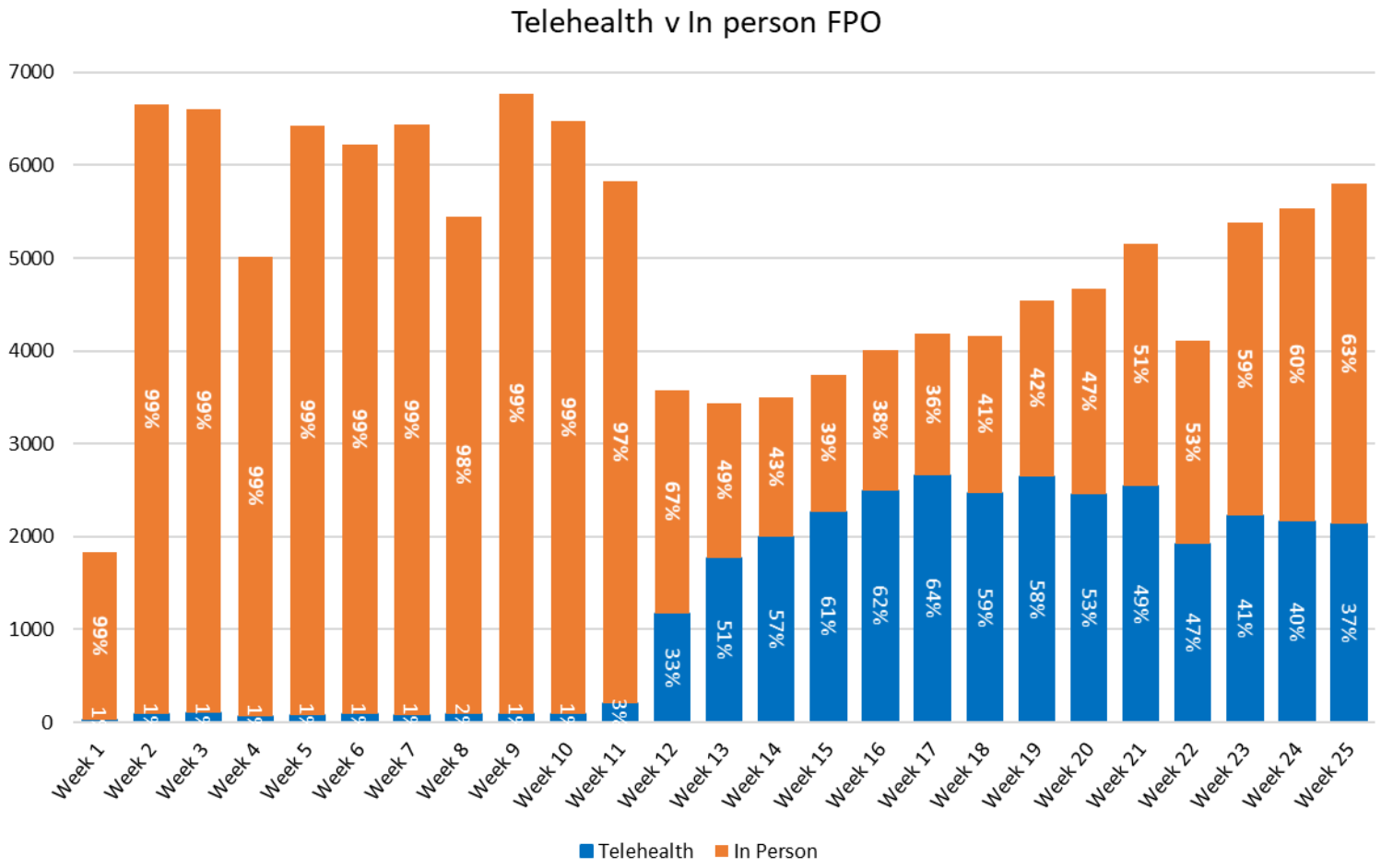
FPO Ambulatory Reactivation

Dashboard with specialty-specific volume data, referral and access information available to chiefs and practice managers



Telehealth v In person FPO

Time Frame : Week 1 = Jan 1 2020 – Jun 20



- Week1 Holiday, Week 22 Holiday

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Advocacy Update: COVID-19 Response & Confronting Racism

Department of Pediatrics

June 24, 2020

Advocacy Update

COVID Community Engagement & Advocacy

Department of Pediatrics Anti-Racist Initiative

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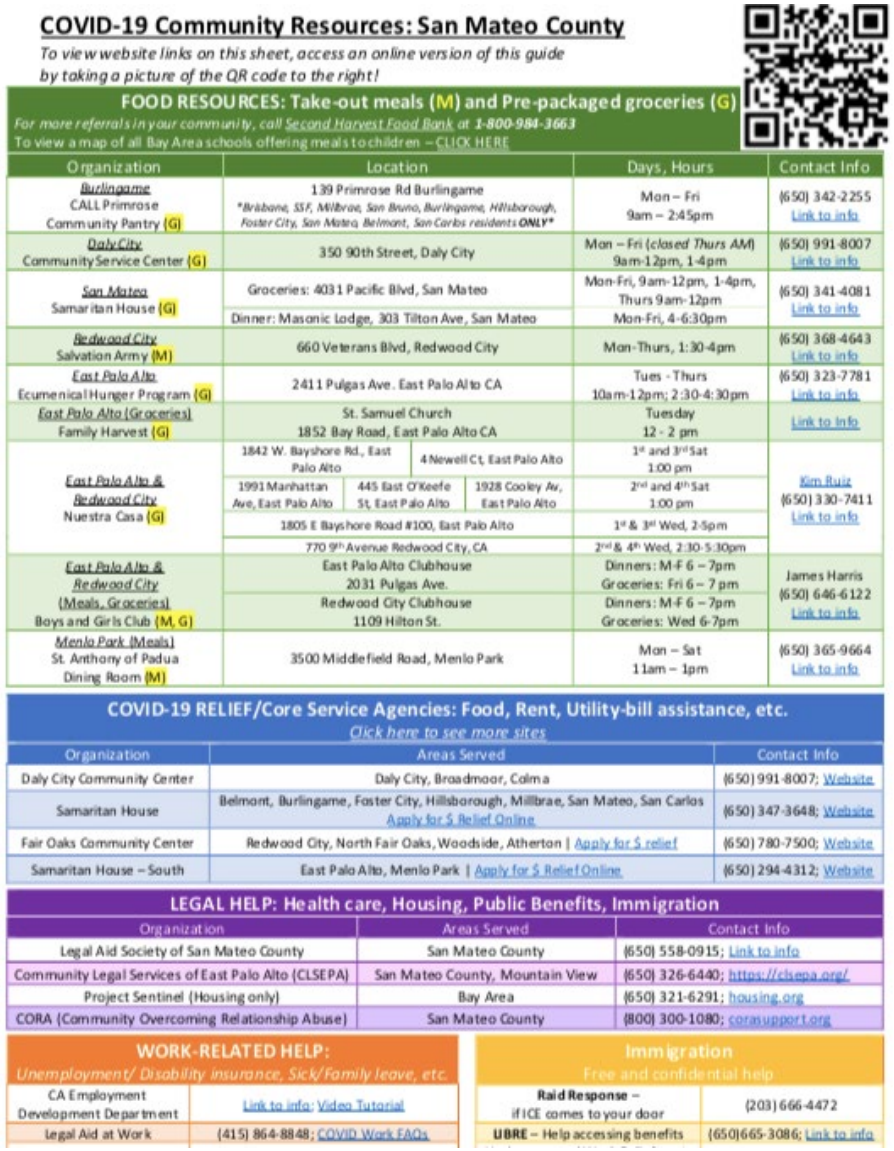
COVID Internal Advocacy: Resource Guides



COVID-19 Community Resources: San Mateo County

To view website links on this sheet, access an online version of this guide by taking a picture of the QR code to the right!

FOOD RESOURCES: Take-out meals (M) and Pre-packaged groceries (G)

For more referrals in your community, call Second Harvest Food Bank at 1-800-984-3663
To view a map of all Bay Area schools offering meals to children – CLICK HERE

Organization	Location	Days, Hours	Contact Info
Burlingame CALL Primrose Community Pantry (G)	139 Primrose Rd Burlingame *Brisbane, SSF, Millbrae, San Bruno, Burlingame, Hillsborough, Foster City, San Mateo, Belmont, San Carlos residents ONLY*	Mon – Fri 9am – 2:45pm	(650) 342-2255 Link to info
Daly City Community Service Center (G)	350 90th Street, Daly City	Mon – Fri (closed Thurs AM) 9am-12pm, 1-4pm	(650) 991-8007 Link to info
San Mateo Samaritan House (G)	Groceries: 4031 Pacific Blvd, San Mateo Dinner: Masonic Lodge, 303 Tilton Ave, San Mateo	Mon-Fri, 9am-12pm, 1-4pm, Thurs 9am-12pm Mon-Fri, 4-6:30pm	(650) 341-4081 Link to info
Redwood City Salvation Army (M)	660 Veterans Blvd, Redwood City	Mon-Thurs, 1:30-4pm	(650) 368-4643 Link to info
East Palo Alto Ecumenical Hunger Program (G)	2411 Pulgas Ave. East Palo Alto CA	Tues - Thurs 10am-12pm; 2:30-4:30pm	(650) 323-7781 Link to info
East Palo Alto (Groceries) Family Harvest (G)	St. Samuel Church 1852 Bay Road, East Palo Alto CA	Tuesday 12 - 2 pm	Link to Info
East Palo Alto & Redwood City Nuestra Casa (G)	1842 W. Bayshore Rd., East Palo Alto; 4 Newell Ct, East Palo Alto	1st and 3rd Sat 1:00 pm	Kim Ruiz (650) 330-7411 Link to info
	1991 Manhattan Ave, East Palo Alto; 445 East O'Keefe St, East Palo Alto; 1928 Cooley Av, East Palo Alto	2nd and 4th Sat 1:00 pm	
	1805 E Bayshore Road #100, East Palo Alto	1st & 3rd Wed, 2-5pm	
	770 9th Avenue Redwood City, CA	2nd & 4th Wed, 2:30-5:30pm	
East Palo Alto & Redwood City (Meals, Groceries) Boys and Girls Club (M, G)	East Palo Alto Clubhouse 2031 Pulgas Ave.	Dinners: M-F 6 – 7pm Groceries: Fri 6 – 7 pm	James Harris (650) 646-6122 Link to info
	Redwood City Clubhouse 1109 Hilton St.	Dinners: M-F 6 – 7pm Groceries: Wed 6-7pm	
Menlo Park (Meals) St. Anthony of Padua Dining Room (M)	3500 Middlefield Road, Menlo Park	Mon – Sat 11am – 1pm	(650) 365-9664 Link to info

COVID-19 RELIEF/Core Service Agencies: Food, Rent, Utility-bill assistance, etc.

Click here to see more sites

Organization	Areas Served	Contact Info
Daly City Community Center	Daly City, Broadmoor, Colma	(650) 991-8007; Website
Samaritan House	Belmont, Burlingame, Foster City, Hillsborough, Millbrae, San Mateo, San Carlos Apply for $ Relief Online	(650) 347-3648; Website
Fair Oaks Community Center	Redwood City, North Fair Oaks, Woodside, Atherton | Apply for $ relief	(650) 780-7500; Website
Samaritan House – South	East Palo Alto, Menlo Park | Apply for $ Relief Online	(650) 294-4312; Website

LEGAL HELP: Health care, Housing, Public Benefits, Immigration

Organization	Areas Served	Contact Info
Legal Aid Society of San Mateo County	San Mateo County	(650) 558-0915; Link to info
Community Legal Services of East Palo Alto (CLSEPA)	San Mateo County, Mountain View	(650) 326-6440; https://clsepa.org/
Project Sentinel (Housing only)	Bay Area	(650) 321-6291; housing.org
CORA (Community Overcoming Relationship Abuse)	San Mateo County	(800) 300-1080; corasupport.org

WORK-RELATED HELP:
Unemployment/ Disability insurance, Sick/Family leave, etc.

CA Employment Development Department	Link to info; Video Tutorial
Legal Aid at Work	(415) 864-8848; COVID Work FAQs

Immigration
Free and confidential help

Raid Response – if ICE comes to your door	(203) 666-4472
UBRE – Help accessing benefits	(650)665-3086; Link to info

- Detailed guides of most high-need resources in the community
- 6 counties represented
  - San Mateo, Santa Clara, San Francisco, Monterey, Santa Cruz, Alameda
- Available online & via EPIC smart phrase
- Over 1500 downloads from website/paper (not including EPIC)

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COVID Community Engagement

Relieve COVID-driven economic burden of families

Supplement needs of food service organizations

Provide diapers, formula, thermometers

Distribute family grocery bags for orgs serving children

Ecumenical chp cares Hunger Program

Sacred Heart Community Service

Samaritan House

Community Clinics

IHSD Institute for Human and Social Development

To date: 1800+ lbs of food & 8200+ diapers distributed

COVID Community Engagement: Clinics

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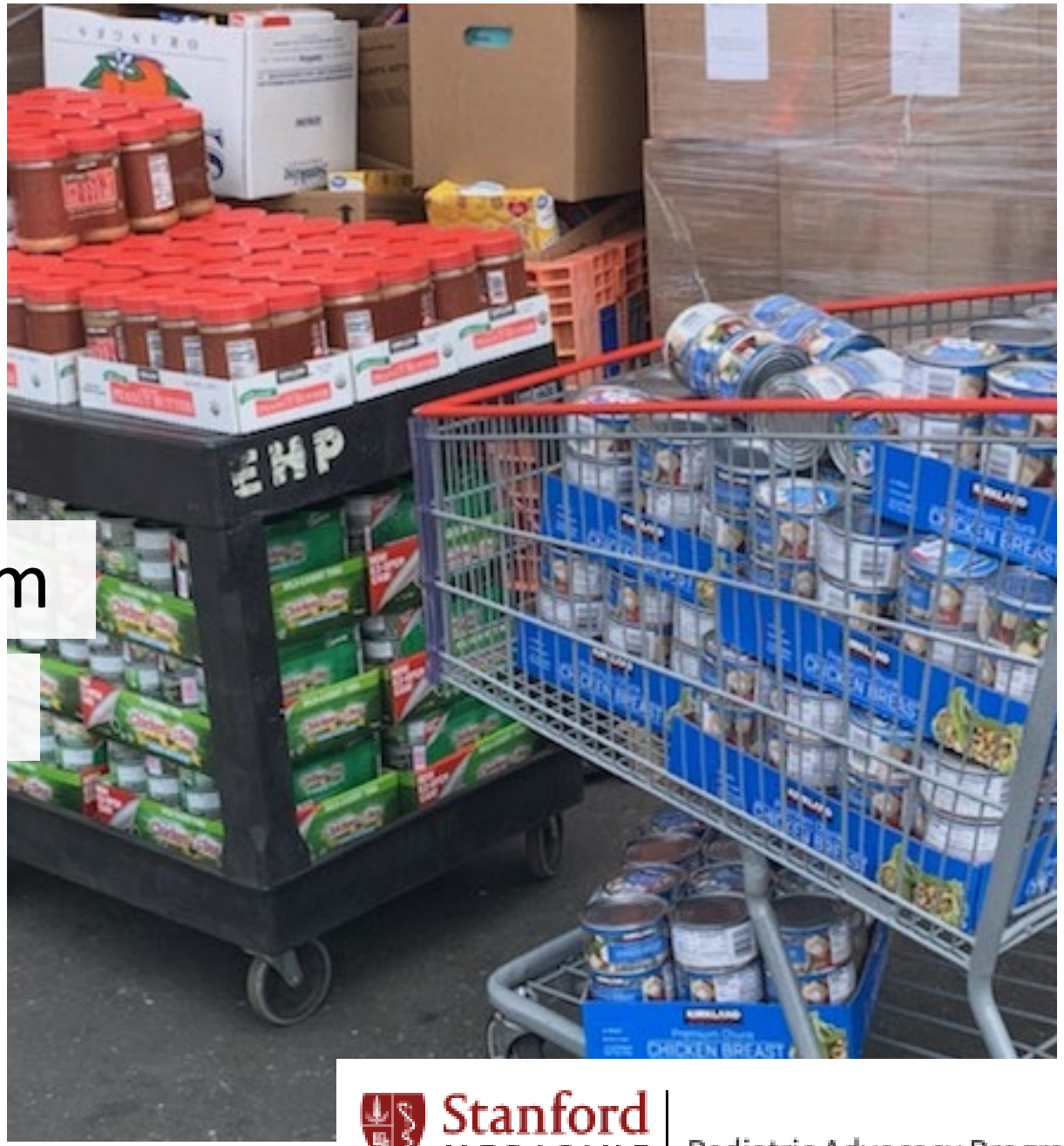
Listening to Community Partners / Orgs

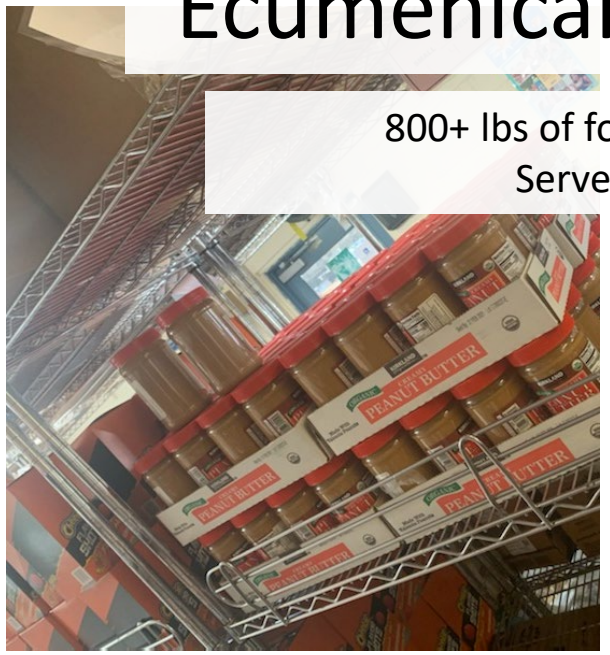
COMMUNITY
LEGAL SERVICES
IN EAST PALO ALTO

Stanford MEDICINE | Pediatric Advocacy Program



Ecumenical Hunger Program

800+ lbs of food for grocery distribution,
Serves 900 families/week



Stanford MEDICINE | Pediatric Advocacy Program

Sacred Heart

420 families received food
633 families received diapers

Stanford MEDICINE | Pediatric Advocacy Program

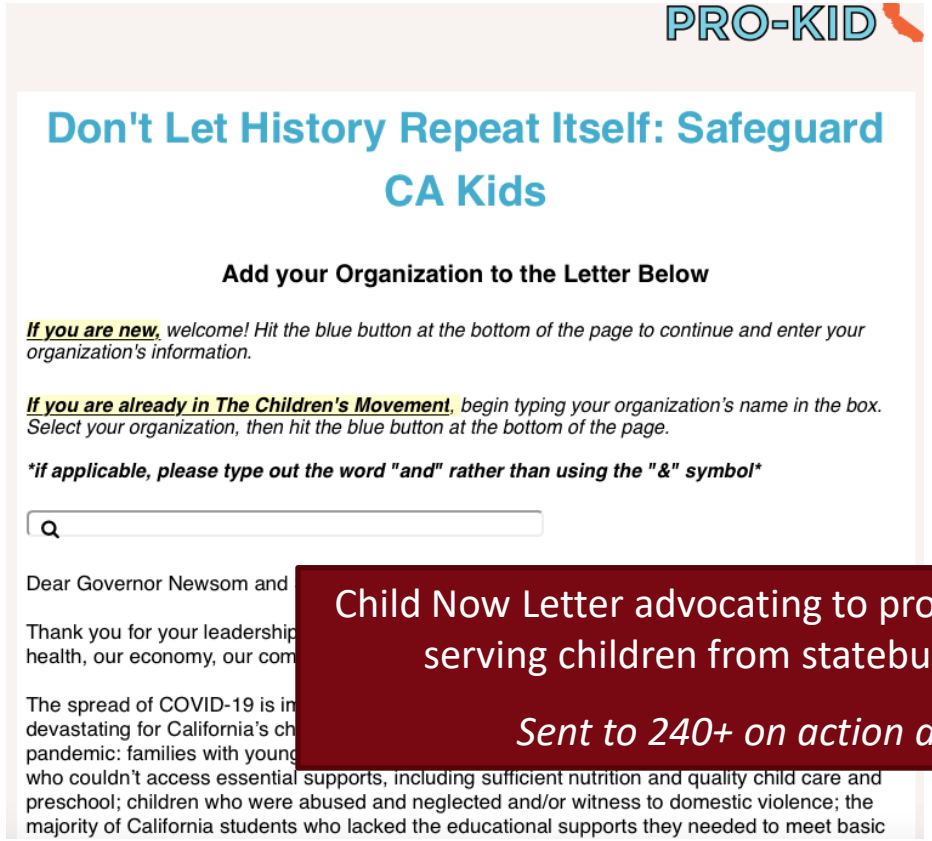
Mobilizing our local community to feed families

Feeding families of essential workers through Head Start Classrooms and providing emergency groceries for local clinics

Stanford MEDICINE | Pediatric Advocacy Program

COVID Political Advocacy

- Eviction moratorium support
- Protecting programs serving children from state budget cut proposals



PRO-KID

Don't Let History Repeat Itself: Safeguard CA Kids

Add your Organization to the Letter Below

If you are new, *welcome! Hit the blue button at the bottom of the page to continue and enter your organization's information.*

If you are already in The Children's Movement*, begin typing your organization's name in the box. Select your organization, then hit the blue button at the bottom of the page.*

****if applicable, please type out the word "and" rather than using the "&" symbol****

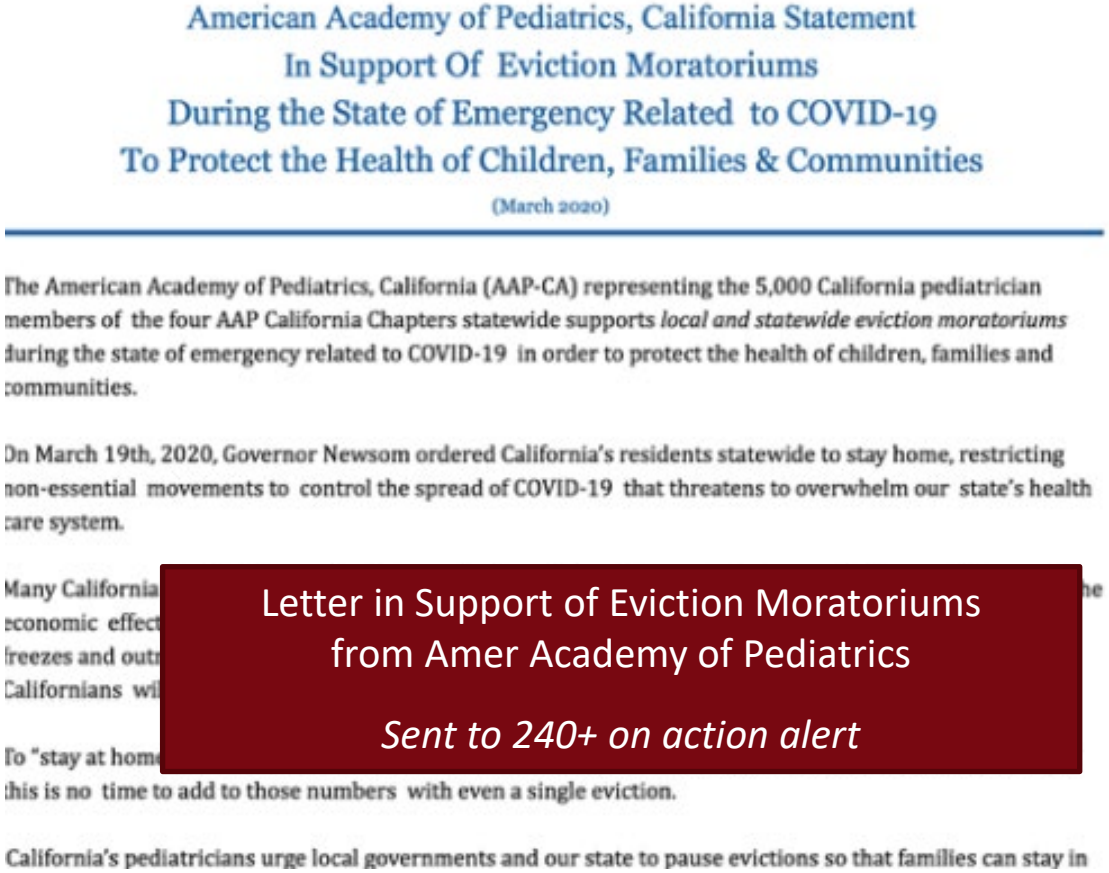
Dear Governor Newsom and

Thank you for your leadership
health, our economy, our com

The spread of COVID-19 is in
devastating for California's ch
pandemic: families with young
who couldn't access essential supports, including sufficient nutrition and quality child care and preschool; children who were abused and neglected and/or witness to domestic violence; the majority of California students who lacked the educational supports they needed to meet basic

Child Now Letter advocating to protect programs serving children from statebudget cuts

Sent to 240+ on action alert



American Academy of Pediatrics, California Statement
In Support Of Eviction Moratoriums
During the State of Emergency Related to COVID-19
To Protect the Health of Children, Families & Communities

(March 2020)

The American Academy of Pediatrics, California (AAP-CA) representing the 5,000 California pediatrician members of the four AAP California Chapters statewide supports *local and statewide eviction moratoriums* during the state of emergency related to COVID-19 in order to protect the health of children, families and communities.

On March 19th, 2020, Governor Newsom ordered California's residents statewide to stay home, restricting non-essential movements to control the spread of COVID-19 that threatens to overwhelm our state's health care system.

Many California
economic effect
freezes and outr
Californians wil

To "stay at home
this is no time to add to those numbers with even a single eviction.

California's pediatricians urge local governments and our state to pause evictions so that families can stay in

Letter in Support of Eviction Moratoriums from Amer Academy of Pediatrics

Sent to 240+ on action alert

Want to stay up to date?

Join our Action Alert network of over 240 Faculty and Staff

Lchamberlain@stanford.edu

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Taking Action to Confront Racism: We have a name!

SPAARC

Stanford **P**eds: **A**dvancing **A**nti-**R**acism **C**oalition

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SPAARC: Timeline

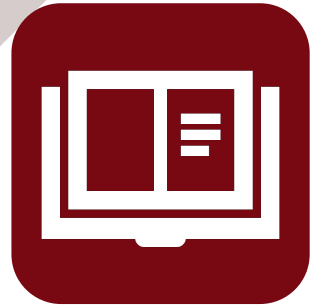
We are here

June 24 & July 21
Listening Sessions
Report Back

August
Develop Action Plan
Report Back

Sept-April
Build teams to move forward *Report Back*

May 2021
Report Back to the Department



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SPAARC Step 1: Listening Sessions

- Listening Sessions occurring this week
  - Thanks to Brian and Melanie for leading
- Small groups with max 10 ppl (mix of faculty, staff, trainees)
- Goal to answer two questions:
  - What are your experiences with racism within the Department?
  - What steps should the department take towards becoming anti-racist?
- Will provide qualitative themes to inform next step

Brian Richter,
Project & Event Coordinator
Peds GI

Melanie Ramirez
Program Manger
Peds Advocacy, Gen Peds

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SPAARC Step 2: Delphi Process, Action Plan

- Participants: **All** members of the Department (faculty, staff, residents/fellows)

- We will create the Action Plan by using a Delphi process led by Heidi Feldman
  - Method: Use of anonymous **surveys** issued to participants in 3 rounds
  - Responses from each round are **fed back** to the participant in a summarized form before the next round of the survey to move toward **consensus**

Heidi Feldman, MD, PhD
Developmental & Behavioral Peds

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Finalizing Our Organizational Structure

- Advisory Board
- CORE Leadership Team (Faculty, Staff, Learners)
- Strategic Liaisons
- Everyone in the Department

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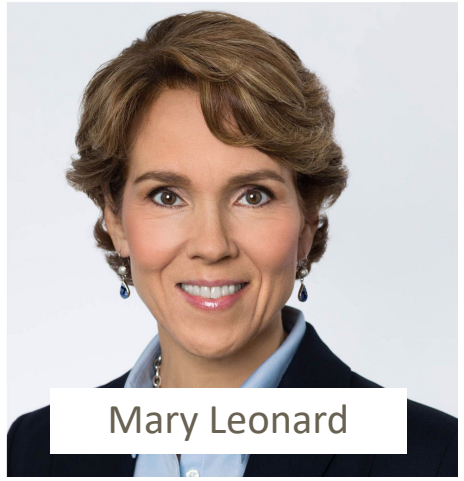
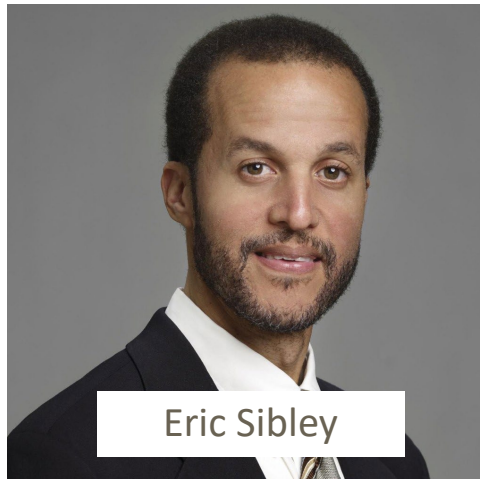
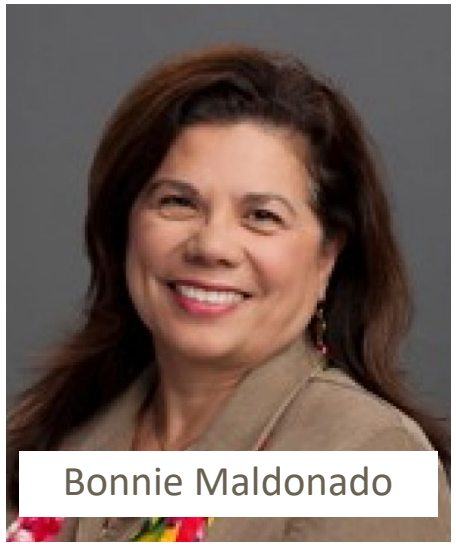
Advisory Board

Paul King


Mary Leonard


Eric Sibley

Mike Propst


Bonnie Maldonado

Marcie Atchison

Gary Darmstadt

Becky Blankenburg

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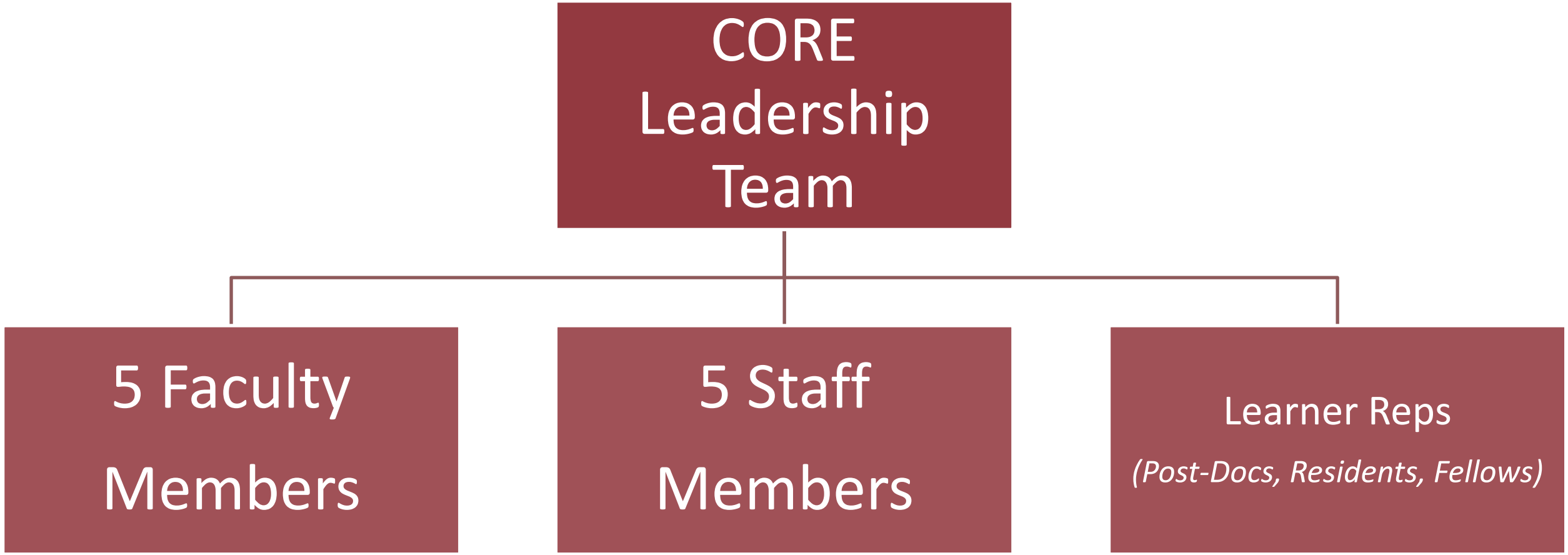

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Get Involved - COVID Resources, Confronting Racism Responses

COVID Resource Page

SPAARC Anti-Racism Anonymous Form

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Any questions? Contact us!

Lahia Yemane
lyemane@stanford.edu

Lisa Chamberlain
lchamberlian@stanford.edu

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Update on Education

Hayley Gans, MD (Director of Fellowship Education)
Carrie Rassbach, MD, MAEd (Director of Residency Education)
Elizabeth Stuart, MD, MSEd (Director of Medical Student Education)
Becky Blankenburg, MD, MPH (Associate Chair of Education)

June 24, 2020

Stanford Children's Health | Lucile Packard Children's Hospital Stanford

Overview

- Educational Challenges due to COVID
- Educational Opportunities due to COVID
- Integration of Learners – Education is an essential service
- Preview of Learning Environment Issues
- Virtual Interviews for Residency/Fellowship Recruitment

Educational Challenges due to COVID

- Ambulatory Care:
  - Need to assure trainees and students acquire skills in physical exam and communication
  - Concern of exposure risk with in-person visits
    - For both faculty and trainees
    - Risk (perceived and real) of contagion in office visit with patient, staff, and trainee
  - Decreased number of ambulatory patients
  - Switch to telehealth (challenge and opportunity)
    - Capacity for clinical care and education on same telemedicine visit
    - Interpretive services
  - Decreased number of learners able to be accommodated
  - Inconsistency in experience (even within same rotation, due to attending variation)
  - Decreased sites (some satellite sites not taking learners)

Educational Challenges due to COVID

- Inpatients
  - Decreased number of procedures
  - Decreased hospitalized patients
- Conferences
  - Creating interactive teaching via videoconferences

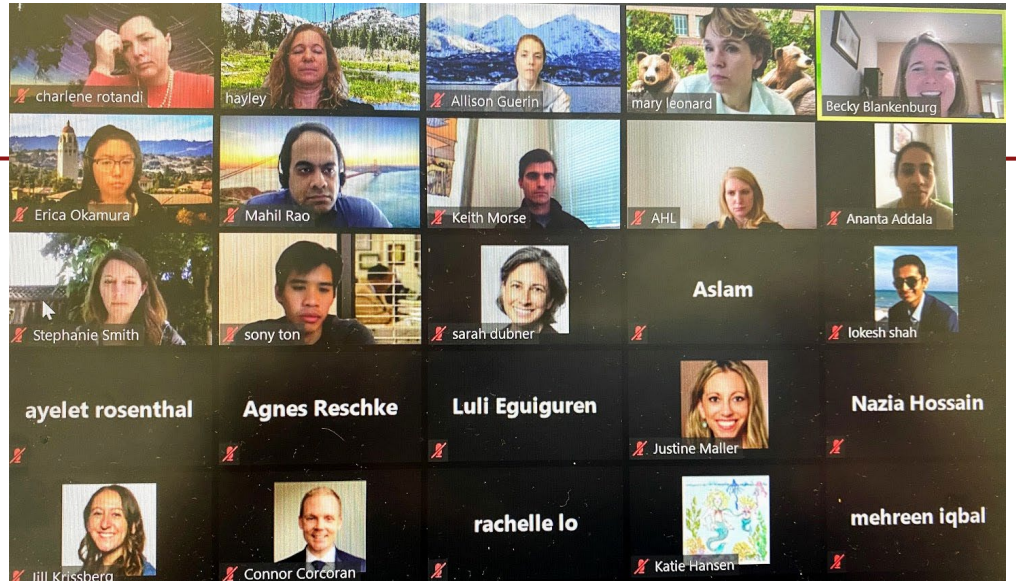
Educational Opportunities Due to COVID

- Telehealth skills
- Emphasis on communication skills
- Opportunities for direct observation from faculty
- Opportunity to reflect on and optimize what we are teaching in each clinical setting

Integration of learners in the clinical environment

- Learners of all levels need to be integrated into patient care visits and are critical as front line caregivers
- Attending supervision still needed for all patients (ACGME-rule)
- To maintain safe working conditions
  - Ideally mask + social distance, but many clinical activities cannot be achieved in a socially distanced way, thus mask and handwashing are key
    - Should not exclude learners just because can’t socially distance
  - Keep washing hands and surfaces (remember COWS/WOWS and other workstations)

Curriculum in the era of COVID



- Local clinical rotations should be maintained
- Away rotations must be approved by GME
- Clinical conferences, divisional meetings and didactics should continue according to regular schedule and offered in person and virtual to allow continued distance learning and sheltering in place when not on clinical service
- Gatherings limited to size of the room and ability to social distance
- Optimizing self-directed learning resources

Integration of Learners in Telehealth

- Initially with COVID:
  - Inpatient telehealth (WebEx)
  - Outpatient telehealth with some integration (Zoom)
- Currently:
  - Many rotations now using in-person rounding
  - Outpatient includes both telehealth and in-person visits.
    - Learners significantly integrated in primary care; variably with subspecialties.
- Developing Best Practices for Outpatient Telehealth that can be shared

Integration of Learners in Telehealth

- Telehealth advantages:
  - Faculty being able to observe learners gather history and provide information
  - Being able to share images with patients
  - Faculty being able to help learners understand what decisions need to be made and what information is needed to make that decision
    - What information needs to be gathered through telehealth?
    - Does the patient need to be seen in-person?
    - Does a decision need to be made today?

Medical Students in the Era of COVID

Logistics

Integrating students in the context of COVID

- Philosophy, principles: Doctoring Now!
- Practical strategies
  - Adjust and communicate expectations
  - Priming: what information to gather and why
  - It’s not scut if a doctor would do it
  - Residents as supervisors

Learning Environment – What is it and why does it matter?

- Learning environment:
  - Supportive environment required for learning and growth (Kirkpatrick 1994)
  - Environment supports or impedes physician wellness, ability to learn, and quality of care
  - Each team member contributes to it
- Social learning:
  - Learning occurs from and with others and is influenced by the learning environment (Bandura 1986)

Learning Environment – What can you do?

- Build connections with learners
- Foster respect, inclusivity and teamwork
- Balance support and autonomy
- Set clear expectations
- Combat implicit biases to make positive learning environment
- Respond to microaggressions and macroaggressions
- Purposefully strive to eliminate healthcare disparities

Simon Fraser University, 2015

Virtual Interviews for Residency/Fellowship Recruitment

- Virtual interviews this season for residency and fellowship recruitment
- Making videos to represent Stanford programs
- Continuing to work on decreasing bias in the process
  - Remove photos from initial review
  - Implicit bias training at start of interview season
  - Standardized questions
  - Limit interviewer access to only CV and personal statement
  - Great APPD Session on 6/18 re: Mitigating Bias in Recruitment

Recommendations

- **Education** of students, residents, fellows is an **essential operation**

- **Bring learners back** into the in-person clinical environment to the extent possible -- important for learning, and also for professional identity formation, community, and wellness

Recommendations

- Recommend optimizing the visit type based on **what is best for the patient** (in-person vs. telehealth)

- To the extent possible, provide **consistency of clinical experience** (predictable which patients are telehealth and which are in-person), so we can predict what learners are learning in different settings

- As educators, we can **analyze opportunities and pivot** as needed to optimize education. We may need to **supplement with additional sites**, **simulation**, and **other learning opportunities**.

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Questions?

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Department Faculty Meeting Cadence and Topics

- Finance stabilization and mitigation
- Plans and strategies to re-open clinics and resume elective procedures
  - Ambulatory Transformation Team (ATT)
  - Respond, Recover and Re-open Team (R3)
- Telehealth
- LPCH Operations
- Advocacy, Policy and Community Engagement
- Education
- Plans to reactivate clinical and basic science research
- Scientific developments and lessons learned
- New clinical research and trials underway
- Wellness
- Academic Affairs and HR
- Real and potential Impact of COVID on patient safety and quality of care

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Next Meeting:
July 7 @ 1PM

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