Walk With Me: A Patient and Family Centered Exploration of Health & The Health Care System

This innovative course for first year medical students places patients, families, and caregivers front and center in the journey to explore health from a person-centered perspective, and better understand the challenges of managing optimal health in a complex health care system. The curriculum is organized around a monthly workshop series, which explores a different health systems science topic each month through lectures from experts from Stanford and the community, and from the perspectives of an individual patient or caregiver, or panel, with time to engage in discussion and explore patient-centered solutions to real-world problems.

Students are paired with a Patient Partner with whom they meet outside of class at a mutually convenient time at the school, medical center, or other location key to learning about the patient and caregiver journey.

Enrollment by Instructor Approval Only.

Terms: Autumn, Winter, Spring (from October to June)