

IS PALLIATIVE CARE RIGHT FOR YOU?

Are you struggling with:

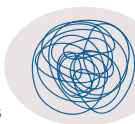


MANAGING SYMPTOMS

- Symptoms that interfere with your everyday life.
- Or your serious illness makes it difficult to be as active as you would like to be.

TREATMENT DECISIONS

- Making treatment choices
- Figuring out how to choose your care and treatment to match what's most important to you.
- Understanding the pros and cons of treatments.



MAKING MEDICAL PLANS

- Setting up an advance health care directive
- An advance health care directive is a document to describe what kind of care you want if you are too sick to communicate.



COPING

- Stress from your serious illness
- How to talk with your family and friends about your illness
- Sharing what's important to you at this time
- Seeking spiritual or religious support



We can help.

HOW PALLIATIVE CARE CAN HELP YOU



SUPPORT YOU AT ANY AGE AND AT ANY STAGE OF YOUR ILLNESS

You can get palliative care while you are in treatment. Palliative care can begin as soon as you are diagnosed with a serious illness.

SUPPORT A BETTER QUALITY OF LIFE

For you, your family, and
your caregivers.



OFFER RELIEF FOR YOUR BODY, MIND, AND SPIRIT

Palliative care can ease the pain, symptoms, and stress of serious illness as you go through treatment.

GIVE YOU PRACTICAL ASSISTANCE

Palliative care experts can help you to prepare for life changes, including advance care planning.



PARTNER WITH YOUR HEALTH CARE TEAM

Your palliative care team will partner with your other doctors to give you an extra layer of support.

LEARN MORE ABOUT PALLIATIVE CARE



MAKE AN APPOINTMENT:
Call (650) 723-4000



VISIT OUR WEBSITE:
med.stanford.edu/palliative-care/patientsandfamilies.html



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