Dry Ear Precautions

To keep water out of your ear when showering and bathing, place half of a cotton ball rolled in ~1 tablespoon of petroleum jelly. The cotton ball should be saturated with petroleum jelly and not have any dry exposed areas. Place this over the bowl of the outer ear. Do not shove the cotton ball into the ear canal. Smooth the edges of the cotton ball down to ensure a watertight seal. See picture.

Use a new cotton ball every time you shower.

For any questions please call us at: (650) 723-5281