



STANFORD UNIVERSITY SCHOOL OF MEDICINE  
DEPARTMENT OF OTOLARYNGOLOGY-HEAD & NECK SURGERY

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Patient Information On

## ITRACONAZOLE

### **What is itraconazole?**

Itraconazole is a medicine used to treat fungal disease.

### **How should I take this medication?**

- Take these pills with a full meal.
- Avoid alcohol while taking this medicine.
- Your doctor will order liver function tests to check your liver before taking it.

### **What should I tell my doctor before taking itraconazole?**

Itraconazole can interact with certain medications, so tell your doctor about ALL medications and supplements. Also discuss if you have/are:

- *Heart failure*
- *Stroke*
- *Irregular heartbeat*
- *Liver disease*
- *Kidney disease*
- *COPD*
- *Cystic fibrosis*
- *Pregnant*

### **What are common side effects?**

These side effects affect less than 1 in 10 people. They include headache, nausea, vomiting, diarrhea, rash, and fever.

### **What are rare, but serious side effects?**

Most patients don't have severe side effects. Though rare, tell your doctor if you have any of these symptoms:

- ***Liver damage*** –yellowing of the skin or eyes, dark urine, persistent abdominal pain and nausea.
- ***Heart failure*** – itraconazole can worsen or bring on heart failure. Symptoms include shortness of breath, body swelling, chest pain, or palpitations.
- ***Irregular heartbeat*** – let your doctor know if you develop an irregular or fast heartbeat.
- ***Nerve damage*** – let your doctor know if you have new numbness, tingling or weakness.
- ***Hearing loss*** – hearing loss is usually temporary, but in rare cases permanent

### **What if I have more questions?**

One page cannot fully describe any medicine. You can read more from the FDA at [www.fda.gov](http://www.fda.gov). Contact our office for any questions or concerns.

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