

Protocol for the Management of Healthcare Personnel with COVID-19 Exposure

- I. Identify Healthcare Personnel (HCP) with exposure to a COVID-19 positive patient
 - i. Exposure is defined as a HCP, who has had close contact (within 6 feet for more than 2 minutes), to a COVID-19 positive patient, **not wearing appropriate PPE** for the entire clinical interaction.
 - ii. HCP who have had close contact with a COVID-19 positive patient while the HCP is wearing appropriate PPE are not considered “exposed.” These HCP should follow current Stanford Health Care/Stanford Children’s Health Occupational Health Services (OHS) standards. If fever greater than or equal to 100F should not come to work. Can return to work only when afebrile for 24 hours after stopping antipyretics. HCP with respiratory symptoms can work while wearing the mask. Contact OHS for further details.
 - iii. HCP must notify OHS if they have had a close specific community exposure to a COVID-19 positive patient outside of the healthcare setting.
 - iv. All HCP with a possible occupational exposure to COVID-19 are required to be evaluated by SHC/SCH Occupational Health Services. Telephone evaluations are preferred to minimize exposure to the hospital. (650) 725-7405.
 - v. Manager to provide OHS with COVID-19 Contact Tracing Form to list all potential HCP exposures in their unit.

1. If HCP is asymptomatic:

- a. Advise HCP to return to work and must follow these instructions:
 - Self-monitor for symptoms of fever ($T \geq 100^{\circ}\text{F}$) or cough or shortness of breath or sore throat twice a day for 14 days after HCP last exposure to a COVID-19 patient.
 - Call OHS (650) 725-7405 before you start your shift and report your current health status. Please include your first and last name, your department, date and time of call, and state whether you have symptoms.
 - Notify your supervisor of your return to work status as per OHS.
 - HCP must wear a surgical mask with all patient interactions for 14 days after the last exposure to a COVID-19 patient
 - Avoid direct patient care of immunocompromised patients.
 - If HCP becomes symptomatic, see Section 2 below.

2. If HCP is symptomatic:

- a. HCP to stop work, put on surgical mask and contact supervisor.

- b. Report to OHS for evaluation between the hours of 7:00am to 8:00pm. After hours call the page operator (650) 723-6661 and ask for the 1-STIX pager (17849)
- c. OHS Provider/Clinicians to test for fever (T \geq 100°F) and assess for respiratory symptoms (cough or sore throat or shortness of breath)
- d. Obtain nasopharyngeal swab for COVID-19 test
- e. HCP to remain off work until test results are received and evaluated. See Treatment Protocols (Table 1 below)
- f. OHS to notify Santa Clara County Public Health Department. Email Dr. Nora Chea (xdc7@cdc.gov) a list of the names of employees receiving testing. Send: Name, DOB, Contact Phone and Address. Inform SCCPHD once the laboratory results are received

Table 1.

Management scenarios for symptomatic HCP with COVID-19 exposure

Symptoms	Test Results	Disposition
Afebrile and respiratory symptoms (cough or sore throat or shortness of breath)	COVID-19 negative	Return to work, wear surgical mask at all times, if still having respiratory symptoms. If symptoms progress, will need to be re-evaluated by OHS at which point re-testing may be considered on a case-by-case basis
Febrile +/- respiratory symptoms (cough or sore throat or shortness of breath)	COVID-19 negative	Return to work when afebrile x 24 hours off anti-pyretics, wear surgical mask at all times, if still having respiratory symptoms.