We are welcoming patients, families, and caregivers who are interested in partnering with a first year medical student to share their experiences as part of the following course. Time commitment is 1-2 hours per month, for up to 9 months, beginning September 24th, 2018.

**Walk With Me: A Patient and Family Centered Exploration of Health and The Health Care System**

This innovative course for first year medical students and physician assistant students places patients, families, and caregivers front and center in the journey to explore health from a person centered perspective, and better understand the challenges of managing optimal health in a complex health care system. The curriculum is organized around a monthly topic, and students are paired with a patient partner with whom they meet monthly outside of class at a mutually convenient time at the school, medical center, or other location key to learning about the patient and caregiver journey, and to further explore together the impact of the monthly topic at the individual level.

Sample discussion topics:

- Patient-Driven Goal Setting
- Health System Integration, Care Coordination, and Navigation
- Health System Improvement

Interested in volunteering and sharing your experiences as a patient, family, and/or caregiver?

[CLICK HERE TO LEARN MORE AND COMPLETE THE INTEREST SURVEY](#)

This course is a partnership of the School of Medicine’s Stanford Healthcare Innovations and Experiential Learning Directive (SHIELD) program, the Stanford Health Care Patient & Family Partner Program, and the Stanford Division of Primary Care and Population Health.