Another class of Stanford general surgery residents graduated on June 20. They are shown above with Chair, Dr. Tom Krummel during the annual Ralph Greco Chief Residents’ Grand Rounds that took place on June 17, and is always one of the highlights of the year. This has been another highly successful class, all going on to fellowships at prestigious programs. Go to page 4 to see mini bios of the chiefs and page 5 for pictures from the Chiefs’ Dinner.
Meet the Incoming Residents

**Categorical Interns**

**Anna Bettini, MD - Harvard Medical School**  
Anna grew up in Bolinas, California. She majored in Religious Studies at Columbia. After college, she taught high school in Brooklyn, New York while pursuing a Masters in Education followed by Harvard Medical School. Outside of medicine, she likes running, biking, skiing, and camping.

**Katherine Blevins, MD, PhD - University of Utah**  
Katherine grew up in Laguna Hills, California. She attended college at the University of California, Irvine graduating in Biomedical Engineering. She earned a PhD in Bioengineering at the University of Utah. Her desire to directly impact human disease led her to obtain an MD at the University of Utah.

**Jared Forrester, MD - Medical College of Wisconsin**  
Jared was born in Ann Arbor, MI and raised outside of Denver, CO. He attended the University of San Diego majoring in Biochemistry, and played linebacker under coach Jim Harbaugh. He went to medical school at the Medical College of Wisconsin with an interest in trauma. He enjoys traveling, outdoor sports, and beer brewing. He joins brother, Joe, at Stanford.

**Elizabeth George, MD - Stanford University**  
Elizabeth was born and raised in California. She was an outstanding soccer player, playing on the U.S. Youth National Soccer Teams, and earning a scholarship to Stanford. She majored in Human Biology and stayed for medical school. I spend my free time running half marathons, hiking, taking cooking lessons, and playing pickup and watching soccer. She is thrilled to be a Stanford lifer.

**Graeme Rosenberg, MD - Yale University**  
Graeme grew up in the small town of Perth in Upstate New York. He went to Middlebury College in Vermont where he studied neuroscience followed by medical school at Yale. This is where he met his wife, Corinne, who has been working as a PA in the Surgical ICU. They are both so excited to be heading to to Stanford.

**Aleah Brubaker, MD, PhD - Loyola University**  
Aleah was born and raised in River Forest, IL. She swam competitively and played water polo throughout high school. She went to college at Pepperdine University where she majored in physiological psychology, and continued playing water polo. She enrolled in the MD/PhD program at Loyola University. The focus of her PhD work was on the impact of advanced age on the innate immune response. She is this year’s SASS Intern.

**Preliminary Interns**

**Miquell Miller, MD - Stanford University**  
Miquell is a native of the Bahamas and grew up on a small island known as Green Turtle Cay. She graduated as valedictorian from Dillard University, a historically black university in New Orleans. After spending a year at Stanford University in a developmental biology lab, she entered the medical school, and is excited to begin her surgical training here. (continued on page 3)
Notable Publications

The following selected peer-reviewed publications were authored by Stanford surgeons as noted in bold.


Shaun Mohan, MD - University of Missouri-Kansas City
Shaun grew up in the Bay Area. He completed the accelerated and combined undergraduate and MD degree program at the University of Missouri Kansas City. His interests are in global health. Outside of medicine, he enjoys running and has completed his first marathon. He will be going to radiology at the end of his internship.

Sara Smith, MD - Medical University of South Carolina
Sara grew up in Alabama. She majored in biology and chemistry at the College of Charleston and stayed to attend medical school at the Medical University of South Carolina. She decided to do her internship in surgery after which she will join the anesthesiology residency at Stanford.

Kimberly Kopecky, MD - Harvard Medical School
Kimberly grew up in Indianapolis, IN and majored in Microbiology and Neuroscience at Indiana University. She went on to earn her MD at the Harvard Medical School. Her outside interests include cooking, hiking, jiujitsu, running, and other outdoor activities. She is excited to start her surgical training at Stanford.

Natasha Naik, MD - Stanford University
Natasha is a Bay Area native growing up in Cupertino, CA. She majored in Biomedical Engineering at USC, and returned here to attend medical school at Stanford. Outside of medicine, she enjoys traveling. After her internship here, she will start an ophthalmology residency at USC.

Preliminary PGY2
Heather McGee, MD, PhD - Yale University
Heather grew up in Davis, CA and attended college at the University of California, Berkeley where she majored in molecular biology. She joined the MD/PhD program at Yale, and did her PhD research in the Department of Immunology. She has interests in global surgery. Outside of surgery, she runs, does yoga, and rode crew at Yale.

Phat “Kelvin” Dang, MD - University of Wisconsin
Kelvin was born in Vietnam and moved to the US in 2002. He earned a degree in neurobiology at the University of California, Irvine, and went to medical school at the University of Wisconsin. He looks forward to continuing his surgical training at Stanford.

Hong-Ngoc Vo, MD - University of Florida
Hong was born in Vietnam and immigrated to the US at age 8. She grew up across the US until entering the University of Florida where she majored in Exercise Physiology. She remained at the University of Florida for medical school. She completed two years of general surgery residency at Mercy Catholic Medical Center (MCMC) in Pennsylvania. She wanted a more academic environment and came to Stanford as a research fellow in the colorectal surgery program. She is excited to return to surgical training here.
Kevin Helling, MD, was born in Laramie, WY and attended the University of Washington for medical school. He started in obstetrics before switching to surgery, and did his internship at Dartmouth prior to finishing residency at Stanford. He will go to the MIS fellowship at Brigham and Women’s.

Motaz Qadan, MD, came from the UK and earned his degree at the University of Edinburgh. He started training there and went to the University of Louisville for research. He came to Stanford to complete his residency. He will go to the surgical oncology fellowship at Memorial Sloan Kettering. He served as Administrative Chief this year.

Osita Onugha, MD, MBA, grew up in Los Angeles and graduated from UCLA. He became interested in biotechnology during residency and earned an MBA from Cambridge. He will be returning to UCLA for a fellowship in cardiothoracic surgery.

Lou Salamone, MD, grew up in Massachusetts and graduated from the Yale School of Medicine. He will spend a year as a surgeon at Santa Clara Valley Medical Center prior to doing a fellowship in hepatobiliary surgery and liver transplantation at Toronto General Hospital.

Carlos Pineda, MD, was raised in Guatemala City. He earned his MD at the Universidad San Carlos de Guatemala before coming to the US to do research. He will move with his wife Isabel and children Ariela and Gabriel to Long Beach, CA to start a fellowship in vascular surgery at Harbor-UCLA.

Yulia Zak, MD, earned her degree at SUNY Downstate before coming to Stanford for residency. She was an Education and Simulation Fellow and is interested in surgical education. She will be entering the minimally invasive surgery fellowship at the Massachusetts General Hospital. She served as Administrative Chief this year.
2014 Chief Residents’ Dinner

1 Drs. Krummel and Melcher welcome the incoming interns to the chiefs’ dinner
2 David Worhunsky and Kevin Helling
3 Ron Jou, winner of the Collins Award, and wife Angeline Lim
4 Lou Salamone, Jeff Norton, and Carlos Pineda
5 Zach Kastenberg and his wife, Motaz Qadan, and Sherry Wren
6 Jessica Della Valle, Arian Nikpour, Thuy Tran, David Greenwald and Tim Chang
7 Julia Park, Becky Kim, Lyen Huang, Jennifer Erdrich and Erin Palm
8 Erin Palm and Micaela Esquivel
9 Arghavan Salles, Jon Gerry and Jerry Chen
10 Yulia Zak and David Spain
11 Hadiza Kazaure and Patricia Raines
2014 Stanford Surgery Education Retreat

The Department of Surgery held its 4th Annual Education Retreat on April 4-5, 2014. This year the focus of the meeting was entirely on the challenges to the residency as we transition to ACGME Milestones.

The event started on Friday night with Dr. John Potts, Senior Vice President for Surgical Accreditation of the ACGME speaking on Milestones for Surgical Training and the Role of the Clinical Competence Committee. Dr. Potts was previously Program Director and Vice-Chair of Education at the University of Texas, Houston.

The topics discussed were Resident Assessments for Milestones and the Organization and Operations of the Clinical Competence Committee. The education retreats are a vital part of our residency as they provide a forum to discuss how we can continue to improve the Stanford residency.

New Resident Leadership for 2014-15

From L to R: Drs. Jon Gerry, Sepideh Gholami, and Aarthy Kannapan.

Each year, the Administrative Chief Residents and Education Chief Residents perform a vital task in running the residency program. They serve significant roles in ensuring the continued success of the residency. For the 2014-15 academic year, the faculty leadership of the Stanford General Surgery Residency Program have selected Jon Gerry and Sepideh Gholami as the new Administrative Chief Residents. They will function in determining rotation schedules and succeed Drs. Motaz Qadan and Yulia Zak.

During March, all four worked together to ensure a smooth transition and Drs. Gerry and Gholami assumed full responsibility for these duties in April. Dr. Gerry graduated from Harvard Medical School and is also the winner of the Gold Humanism Award this year. Dr. Gholami graduated from Stanford School of Medicine and served as the Education Chief Resident during the past year. She was also the winner of the Resident Research Award in 2013.

Dr. Aarthy Kannapan, a Harvard Medical School graduate, will be the Education Chief Resident for the next academic year. She succeeds Drs. Gholami and Arghavan Salles in this role. Dr. Kannapan will build upon her experience as a past education fellow to help run the core course and other educational activities.

Finally, we sincerely thank the outgoing Administrative and Education Chiefs for all their hard work and planning in an often thankless job. Drs. Qadan, Zak, Gholami and Salles have provided a vital service to the Department that cannot be fully appreciated by most because what they did was behind the scenes. If things seemed to work seamlessly, it was only because of their efforts.
James Lau wins teaching awards

Dr. James Lau, Associate Director of the Stanford Surgery Residency Program was awarded the Henry J. Kaiser Family Foundation Teaching Award for Clerkship Instruction and the Award for Excellence in Promotion of the Learning Environment and Student Wellness. Both awards were chosen from among all faculty at the medical school and represent two of the highest honors for teaching given by the Stanford University School of Medicine.

Dr. Lau earned his MD at Loyola University and performed his residency at Indiana University. He is in the Section of Minimally Invasive Surgery in the Division of General Surgery specializing in advanced laparoscopy. He is also a two time (2010, 2012) winner of the John Collins Memorial Teaching Award.

Leadership of Thomas Krummel Honored

Dr. Thomas Krummel, Emile Holman Professor and Chair of the Department of Surgery was honored for his years of leadership in the department. He was given the 2014 Shumway Society Achievement Award in recognition of his outstanding service to, and leadership of, the Stanford Department of Surgery. He was also given the Golden Scalpel Award voted on by the graduating chief residents for the individual they feel has contributed most to the Stanford surgical residency.

Dr. Krummel went to medical school at Medical College of Wisconsin prior to residency at Medical College of Virginia and fellowship at the University of Pittsburgh. He was Chair of Surgery at the Penn State University prior to taking the Chair at Stanford.

Holman Day features Dr. Douglas Fraker

The Annual Holman Lecture and Resident Research Day took place on Fri, Jun 6. This day is dedicated to the academic mission of the department and featured presentations highlighting the tremendous research being done by residents at Stanford. The presentations showed the tremendous breadth of work being done here from the most basic scientific to translational medical to health services and outcomes research. It should be noted that practically all of these research projects have resulted in major presentations at national meetings and publications in some of the highest impact journals. The day was highlighted by the Holman Lecture featuring Dr. Doug Fraker, the Rhoads Professor, Vice-Chair of Research, and Chief of Endocrine and Oncologic Surgery at the University of Pennsylvania entitled, “Adrenal Causes of Hypertension: Aldosteronoma and Pheochromocytoma.”
Resident-Faculty Softball Game

Avenging their loss of last year, the residents defeated the attendings in this year’s softball game.

1. A beautiful day for a ball game
2. Blake Read advertised the local community college
3. An unfair strike zone
4. Osita Onugha staying cool in the shade
5. Six residents in desperate need of some Stanford gear
Announcing the Stanford Surgery Alumni Association

Thanks to the efforts of Dr. Amanda Wheeler (’08) with the assistance of Drs. Tom Krummel and Marc Melcher (’04), we are proud to announce the creation of a society for alumni of the Stanford Surgery Residency Program. The goal of the society will be to promote career fulfillment among alumni by fostering collegiality, surgical excellence and lifelong commitment to education. In addition, the society will help to educate current residents about future career choices, the transition to practice, and other practical issues related to their career. A group of alumni have already volunteered their time and energy towards successful implementation of this program. Among the immediate tasks that they hope to accomplish are to create a database of graduates with their contact information to allow for better networking, and to begin planning for alumni events to bring people together.

Amanda Wheeler (’08), President
Cindy Kin (‘11), Vice-President
Andreas Meier (‘99), Secretary
Maureen Tedesco (‘11), Treasurer
Venita Chandra (‘11), Membership Coordinator

In addition, there will be an outgoing resident liaison to be voted on by the PGY5s.

We encourage all interested alums to contact us if they are interested in taking part. We would like to involve alumni from every decade of the residency. We will be planning future events and hope for participation by all alumni who wish. Planning is already under way for an alumni reunion in the near future. Take this opportunity to come back to the Farm and see old friends. Look for announcements of future alumni events in this newsletter.

Amanda Wheeler is first Surgery Faculty Teaching Scholar

The Medical Education Scholars Program (MESP) announced Dr. Amanda Wheeler as the first Surgery Faculty Teaching Scholar for 2014-2015 with her project, “Bridging the Gap Between Residency and Practice. Building a Lifelong Partnership Between Trainees and Alumnae.” Dr. Wheeler is a Clinical Assistant Professor with the Section of Surgical Oncology specializing in breast surgery. She completed her general surgery training at Stanford before a fellowship in breast surgery at Harvard.

The Stanford Surgery Faculty Teaching Scholars Program was created to further pedagogical training of faculty and to improve residency education overall. The yearlong program assists in developing knowledge and abilities in creating, implementing, and assessing projects in medical education.

residents. Dr. Cindy Kin (‘11) hosted a dinner where alumni and the chief residents talked about the ins and outs of getting a job after graduation, different practice settings, pitfalls to avoid, and some advice on contracts and negotiations. Drs. Maureen Tedesco (’11), Robin Cisco (‘11), Danagra Ikossi (‘08), Natalie Kirilcuk (‘10), and Sharla Owens (‘08) all took time from their busy schedule to provide pearls to the graduating chiefs.

The leadership of the new alumni association will be:

Amanda Wheeler (’08), President
Cindy Kin (‘11), Vice-President
Andreas Meier (‘99), Secretary
Maureen Tedesco (‘11), Treasurer
Venita Chandra (‘11), Membership Coordinator

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Resident Appreciation Day, or Goof Day, is an opportunity for the faculty to show their appreciation for the hard work the residents put in during the year by giving them the rest of the day off after completing morning rounds on the day of the Chiefs’ Dinner. The residents have the opportunity to take part in several activities were sponsored by faculty including a day at the spa, paintball, and golf.

1. The Stanford female faculty hosted the annual day at the spa for the women in the program starting with lunch
2. Rachel Yang and Cindy Kin
3. Andy Shelton and Matias Bruzoni led a group onto the Stanford Golf Course
4. Arghavan Salles, Cara Liebert and Kim Stone relaxing in the spa
5. James Lau led the manly men in pursuit of mock blood in paintball
6. Jennifer Erdrich, Arghavan Salles and Erin Palm
Gary Hartman wins award from SCCMA

Gary Hartman, MD, MBA, Chief of the Division of Pediatric Surgery was awarded the Outstanding Achievement in Medicine Award from the Santa Clara County Medical Association for his lifetime of important contributions for the betterment of patient care. He joins other Stanford luminaries who have won this award including Norman Shumway, Thomas Stamey and Thomas Krummel.

Dr. Hartman earned his MD at the University of Wisconsin prior to a surgical residency at Highland Hospital in Oakland and fellowship at the University of Oklahoma. He was at Children’s National Medical Center in Washington, DC, serving as Chief of Pediatric Surgery, for many years before returning to Stanford. He has gained international recognition for his surgical skills particularly in the separation of conjoined twins.

Stanford at the Northern California ACS Chapter

The Department of Surgery was well represented this year at the Annual Meeting of the Northern California Chapter of the American College of Surgeons held on Sat, May 17, at the Claremont Hotel in Berkeley, CA. All of the plenary sessions were moderated by Stanford faculty, and the majority of speakers were also Stanford faculty or residents.

Stanford is also prominent in the leadership with many of our alumni and faculty serving in notable roles. Dr. Shelley Marks (’98) is the President-Elect, and Drs. Brendan Visser, Dan Eisenberg, and Danagra Ikossi (’08) serve as Councilors. Drs. Gregg Adams (’99), David Spain, and Sherry Wren serve as the representatives to the ACS Board of Governors from this chapter with Dr. Wren being on the Executive Committee of the ACS.

In addition to being active in the leadership, Stanford was also prominent in presenting in the program and swept all of the Resident Competition awards. Dr. Hadiza Kazaure won the award for the best paper - clinical investigation; Dr. Monica Dua (’12), HPB Fellow, won the award for the best paper - basic science.

Other Notable Events of Residents, Faculty and Alumni

Dr. Geoff Krampitz’s research was highlighted at the American Association for Cancer Research and was covered by multiple news outlets including ABC, CBS and NBC.

Dr. Jon Gerry was given the Consultant of the Year Award by the Stanford Emergency Department

William Kethman (PGY2) and wife Kelly welcomed baby son William Thomas on May 12.

Micaela Esquivel (PGY2) and her partner Raffinee were married on May 3.

Dave Worhunsky (PD) and wife Andrea welcomed baby daughter Ileana Marie on May 1.

Kim Stone (PGY3) and husband Dave Evans had baby son David John “Duke” Evans VI on April 3.

Dr. Joy Chen (PGY2) married Dr. Jeremy Shaw on Mar 9.

Carlos Pineda (PGY5) and wife Isabel had baby son Gabriel Eduardo Pineda on Jan 7.
Intern Graduation

Intern graduation at the Tied House
1  Marc Melcher and Motaz Qadan are glad to get another group through
2  Whitney Leatherwood celebrates with her daughter
3  Krista Kiyosaki now gets to trade pus for snot
4  Sepideh Gholami and Yulia Zak, incoming and outgoing administrative chiefs
5  David Schoppy and David Greenwald are feeling pretty good
6  Osita Onugha in a losing battle with Brandon Baird
7  Motaz Qadan, Lou Salamone and Osita Onugha prepare to hand out the certificates
8  The Cloyds
9  Anthony Bertrand says, “peace out”
10 Lou Salamone regales Rachel Yang and Tiffany Sinclair with stories of what it’s like to finish residency
Intern Graduation and Year-End Awards

Several awards were given during end of the year events and are summarized below.

**Best Service Award** (voted by each PGY year)
- PGY1 - Santa Clara Valley Medical Center, general surgery
- PGY2 - Santa Clara Valley Medical Center, plastic surgery
- PGY3 - Transplant
- PGY4 - Santa Clara Valley Medical Center, general surgery
- PGY5 - Surgical Oncology I

**Top ABSITE Scores**
- Jerry Chen
- Jordan Cloyd
- Zach Kastenberg
- Kristen Rumer
- David Worhunsky

**Intern of the Year (tied, voted on by PGY4+5s)**
- Ashley Black

**Consult Resident of the Year (voted on by attendings)**
- Micaela Esquivel

**Vascular Surgery Service Awards**
- Best PGY1 - Rachel Yang
- Best PGY2 - Micaela Esquivel
- Best PGY3 - Julia Park

**Arnold P Gold Foundation's Humanism and Excellence in Teaching Award**
- Jon Gerry
- Cara Liebert

**Best Teacher Award** (voted on by medical students)
- Jordan Cloyd

**Resident Research Award** (voted on by faculty committee)
- Geoff Krampitz

**Golden Scalpel Award** (voted on by graduating chief residents)
- Thomas Krummel

**John Henry Smith Award** (voted on by residents)
- Yulia Zak

**John Collins Award** (voted on by residents)
- Ronald Jou
The residency program sponsored a ropes course for all residents to help build teamwork and camaraderie.

1. First one across the finish line gets a golden weekend
2. Achieving balance despite the size difference
3. Erin Palm directs Cliff Sheckter through
4. Kai Dallas has fallen and he can’t get up eliciting mocking laughter
5. Developing steady hands for working with loupses
6. Joy Chen placing a lot of trust in her fellow residents
7. It’s always kumbaya at Stanford
8. Sort of like resident Twister
9. They really do have ropes in ropes course
10. “To manage the really needy attendings…”
11. Micaela Esquivel explains to skeptics she really can levitate objects with her mind
1 Anthony Bertrand received a Service Spotlight Award from Amir Rubin, CEO of Stanford Hospital
2 Jon Gerry demonstrating his lap skills
3 Welcome dinner for Dr. Godfrey Muguti, our partner at the University of Zimbabwe
4 The categorical surgery intern class celebrate the end of the year with class advisor, Cindy Kin
5 Clem Marshall on the lap simulator
6 The chiefs leading the way
7 The categorical surgery interns of 2013-14
8 Shushmita Ahmed representing Stanford at a diversity conference
From the Program Director

Congratulations to graduating chiefs, Yulia Zak, Lou Salamone, Motaz Qadan, Carlos Pineda, Osita Onugha, and Kevin Helling. Through their hard work and perseverance they have become fully trained general surgeons and highly sought after candidates for fellowship specialty programs. I have great confidence that they will represent our program well as they taken on new challenges in their fields of surgery.

I would also like to acknowledge the dedication of our teaching faculty who have helped our chiefs reach their goals. The faculty in colorectal, surgery oncology, breast, HPB, SICU, trauma, vascular, pediatric surgery, transplant surgery, and those at the VA, Kaiser, and SCVMC, and in other subspecialties made the extra efforts to share their knowledge and experiences with these residents, were patient enough to allow the residents to work through cases, and were outstanding role models. I believe outstanding residency programs maximize the symbiotic relationship between the faculty and the residents, and we should continue to do so.

Finally, welcome to the new interns! Enjoy the ride! We look forward to working with you.

Sincerely,

Marc L. Melcher, MD, PhD
Program Director
General Surgery Residency
Stanford University

The Stanford Resident International Travel Fund

Over the years, Stanford residents have benefitted from the chance to travel to Haiti, Rwanda, and Guatemala to do international work. With the advent of the new international surgery rotation in Zimbabwe, we now have a formal experience in global surgery for those residents who want it. These are expensive trips, and have been supported in the past by the Department and individual donors. In order to support these invaluable experiences for our residents, we are raising a fund to help support their travel expenses. We think this is a vitally important feature of our residency, and a major attraction for future residents. Please support this fund in any way you can to support the educational mission of the department. Proceeds will go entirely towards supporting resident international travel.

Donations should be designated to the “Stanford Resident International Travel Fund,” and can be made online at the Department of Surgery web site or sent to: Stephanie Edelman, Dept. of Surgery, Stanford Medical Center, 300 Pasteur Dr., Rm M-121, Stanford, CA 94305-2200. Phone (650) 725-6493, sedelman@stanford.edu
Stanford Residency Alumni

We take this opportunity to ask you to reengage with the place where you trained. The Stanford Department of Surgery has a long, rich heritage of which you are an important part. Please take the time to fill out the response form below to let us know where you are now and how you are doing. Email the information below to anita.hagan@stanford.edu. Alternatively, send the form via mail, or fax to:

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<td>300 Pasteur Dr.</td>
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