

**Advance Wilderness Life Support®  
Arillaga Outdoor Education and Recreation Center  
Stanford, CA**

**COURSE SCHEDULE**

**Friday**

12:00 PM	Welcome
12:15	Patient Assessment
12:45	Wound Management
1:30	Dislocations & Reductions
2:15	<b>Break to the Outdoors</b>
2:30	Clinical Skills: Patient Assessment
3:15	Small Groups
	Medical Problems
	C-spine Stabilization & Splinting
	Litters & Carries
	Evacuations
5:30	<b>End of Day</b>

**Saturday**

8:00 AM	<b>Breakfast:</b> Bagels & Coffee
8:15	Lightning
9:00	Animal Bites & Stings
10:00	Hypothermia & Frostbite
10:45	<b>Break</b>

11:00 Dive Medicine  
11:30 Submersion  
12:15 PM Water Disinfection  
12:45 **Break for lunch**  
2:00 Small Groups  
Infectious Disease  
Victim Scenarios  
5:00 **End of Day**

**Sunday**

8:00 AM **Breakfast:** Bagels & Coffee  
8:15 High Altitude Illness  
9:15 Heat-Related Illness  
10:15 HEENTS  
11:15 **Break**  
11:30 Avalanches  
12:00 Medical Kits  
12:30 PM **Break for Lunch**  
2:00 PM Bedwell Bayfront Park - Practical Final Exam  
4:30 Written Final Exam  
5:45 **End of Course**