**San Mateo County -**

**Adolescent Counseling Services:**
Adolescent Substance Abuse Treatment: ACS’ Adolescent Substance Abuse Treatment Program has been providing professional assessment and outpatient treatment services for youth struggling with substance abuse and/or addiction. Services are provided in English and Spanish. Located in both Santa Mateo and Santa Clara counties. For more information, please call 650-424-0852 ext. 104 or visit [www.acs-teens.org/what-we-do/treatment/](http://www.acs-teens.org/what-we-do/treatment/)

**Adolescent Counseling Services- Outlet:**
Outlet empowers Lesbian, Gay, Bisexual, Transgender, Queer & Questioning (LGBTQQ+) youth and builds safe and accepting communities through support, education, and advocacy. Multiple locations: Redwood City, Mountain View, and San Mateo. For more information, please call 650-424-0852 or visit [http://www.acs-teens.org/what-we-do/outlet/](http://www.acs-teens.org/what-we-do/outlet/)

**Ravenswood Family Health Center:**
Offers Integrated Behavioral Health Services, a program designed for patients with less acute mental health issues. The primary care providers refer pediatric and adult patients to IBHS for evaluation and short-term counseling support. For more information please visit [http://www.ravenswoodfhc.org/index.php/services/integrated_behavioral_health](http://www.ravenswoodfhc.org/index.php/services/integrated_behavioral_health)

**StarVista:**
They deliver high impact services through counseling, skill development, and crisis prevention to children, youth, adults and families. They offer safe, supportive, non-judgmental environments and offer several programs offer more intensive treatment for clients who are dealing with trauma or multiple mental health and substance abuse issues. For more information, please call 650-591-9623 or visit [www.star-vista.org](http://www.star-vista.org)

**Sutter Health - Teenage Mental Health Services:**
They offer comprehensive teenage mental health services for adolescents ages 13-18- meaning teens experiencing depression, thoughts of suicide, drug or alcohol dependency or disordered eating may be able to benefit from this program. For more information please call 650-696-4666 or visit [http://www.mills-peninsula.org/behavioral-health/teenagers/](http://www.mills-peninsula.org/behavioral-health/teenagers/)