

San Francisco County-

Center for Youth Wellness:

They are part of a national effort to revolutionize pediatric medicine and transform the way society responds to kids exposed to significant adverse childhood experiences and toxic stress. For more information, please call 415-684-9520 or visit <http://www.centerforyouthwellness.org/>

San Francisco Wellness Initiative:

Wellness Centers provide safe, supportive environments in the school where students can go to discuss a variety of issues from depression, grief, self-esteem, family life and stress to dating violence, sexual identity and gang involvement. The Wellness Programs provide culturally competent services in a confidential, nonjudgmental space staffed with professionals who are dedicated to improving the health, well-being and educational outcomes of all students.

For more information please visit <http://sfwellness.org/our-program/how-wellness-works/>

Mental Health Association:

The Mental Health Association of San Francisco advances the mental health of people of San Francisco and leads the global community in advocacy, education, research and supports that promote recovery and wellness while challenging the stigma associated with mental health conditions.

For more information please call 415-421-2926 or visit <http://www.mha-sf.org/>

Mission Neighborhood Health Center:

Provides compassionate, patient-centered care. They advocate for health equity and deliver innovative, high quality services responsive to the neighborhoods and diverse communities they serve. For more information please call 415-552-1013 or visit <http://www.mnhc.org/>

Peer Health Exchange:

Their mission is to empower young people with the knowledge, skills, and resources to make healthy decisions. With their partners, they will advance healthy equity and improve health outcomes for young people. Located in San Francisco and Alameda County.

For more information please call 415-684-1234 or visit www.peerhealthexchange.org