Diabetic Care Protocol

**What:**

**When:** At every office visit

**Who:** All patients with Diabetics Type 1 & 2
Pickup, Remind patient that results are posted in My Health.

- urine Microlab/creatinine Ratio in Epic. Prepare the specimen for laboratory.
- Give patient the specimen container and instructions to collect urine sample. Order.
- If test done in the last year, no action is needed. If the test not done in the last year:
  - If the patient already has a diagnosis of diabetic nephropathy, no test is needed.

Him/Her that results are posted in My Health.

- Share the results with the patient and remind in Epic before the clinic/visit. Perform the test in-office and record.
- Care Coordinator should order POC A1C in Epic, perform the test in-office and record.
- Test done 3 months ago or more
  - Test done 6 months ago
    - If previous A1C >7, no action is required unless patient desires A1C, in which case the
      - Test done 6 months ago

If patient has had the test done in the last 3 months, no action is required.

Hemoglobin A1C & Urine

Microlab/creatinine Ratio
Draw blood sample and send to Lab. Perform lipoprotein (LDL) profile test, creatinine, and potassium function test. If the patient has not had the test done in the last year, order a lipoprotein (LDL) profile test, creatinine, and potassium function test.

If the patient has also not had a potassium function test in the last year or order a lipid panel with direct LDL and creatinine if the patient has also not had a potassium function test in the last year. Order a lipid panel with direct LDL and creatinine if the patient has also not had a potassium function test in the last year. Order a lipid panel with direct LDL and creatinine if the patient has also not had a potassium function test in the last year.

If the patient has also not had a potassium function test in the last year or dose adjusted if it has been 3 months or more after a stool test was performed when lip is due. If the test will be due within 3 months: queue order for performance when due with doctor's order. If the test has not been done in the last year no action is required if the patient has had the test done in the last year.
Opthalmology Dilated Exam

Start annual ophthalmology exams 5 years after diagnosis of diabetes.

Type 1 & 2 Diabetics:

- If done in the last year, no action is required unless due before next office visit.
- If not done in last year, queue referral order in EPIC for clinician to complete
- Inform patient that an eye exam is due
Chronic Disease Self Management Program

Better Choices Better Health

- Assess interest at next visit.
- Document in EPIC if patient declines and email follow up to CDSMP and set a time for phone or referral program and explain if needed.
- Ask if the patient knows about the BCBH/CDSMP program.
- If patient has not completed the action is required.

TBAP, mammogram, colon cancer screening:
Influenza and pneumococcal vaccination.
Also apply to people with diabetes:
Refer to other protocols that may