Management of ME/CFS: Adult & Paediatric

"First Do No Harm."

KEYNOTE SPEAKER
JOSE MONTOYA

Professor of Medicine
Stanford University Medical School
ME / CFS Initiative

OPENING REMARKS
DR. MICHAEL McBRIDE

The Chief Medical Officer for Northern Ireland addresses the conference at a turning point for M.E. sufferers in the region.

LOCAL INSIGHTS & EXPERT ACCESS

M.E. expert Dr. William Weir, Louise Skelly of the Patient Client Council NI and others will be presenting on the night.

VIDEO PREMIER
NATALIE BOULTON

New work from the producers of "Voices from the Shadows" featuring interviews with Dr. Nigel Speight and Dr. Peter Rowe.

VISIT HOPE4MEFIBRO.ORG FOR INFO ON HOW TO BOOK YOUR TICKETS...
ANNUAL CONFERENCE
MONDAY 17th SEPTEMBER 2018
LONG GALLERY, STORMONT
REGISTRATION 6pm
SPEAKERS 7pm - 9:30pm

6:00pm  Registration and finger buffet

6:55pm  Welcome from host Robbie Butler MLA

7:00pm  Hope 4 ME & Fibro Northern Ireland

7:10pm  Dr. Michael McBride, Chief Medical Officer for Northern Ireland

7:20pm  Louise Skelly, Head of Operations Patient & Client Council for Northern Ireland:
'The Importance of The Patient Voice'

7:30pm  Dr. W.R.C. Weir. NHS Infectious Disease Consultant with a special interest in M.E. and fibromyalgia: 'The Diagnostic Dilemma'

7:50pm  KEYNOTE SPEAKER:
JOSE MONTOYA
MD Stanford University

"Myalgic Encephalomyelitis/Chronic Fatigue Syndrome: An Unfolding Story of Scientific Discoveries and Future Targeted Treatment"

Jose G. Montoya, MD, is the head of the ME/CFS Initiative at Stanford University, has treated ME/CFS patients and conducted extensive clinical research in an effort to improve diagnosis and treatment of this debilitating illness. Under Dr. Montoya’s leadership, the ME/CFS Initiative has had great success in engaging and collaborating with nearly 50 researchers across Stanford University and beyond. Together, they have discovered various potential biomarkers that have confirmed that ME/CFS is a real, physical disease. These discoveries are dramatically changing public and scientific opinions.

8:50pm  Natalie Boulton, Producer of the award winning educational documentary “Voices from the Shadows” premier screening.

Part 1. ME/CFS: Children & Young People - Diagnosis, Symptoms and Controversies

Part 2. ME/CFS: Children & Young People - Management

Featuring Dr. Peter Rowe MD director of the John Hopkins Children’s Center Chronic Fatigue Clinic in Baltimore, and a professor of Paediatrics at John Hopkins University School of Medicine, Baltimore, Maryland, USA.

Also featuring Dr. Nigel Speight, a Consultant Paediatrician with a long-standing special interest in ME, having served on the Chief Medical Officer’s Working party on ME (2002) and also the College of Paediatrics and Child Health Guidelines group (2005). Also acts Medical adviser to several ME charities including Hope 4 ME & Fibro N.I., the ME Association, TYMES Trust and the 25% Group.

9:20pm  Public Health Agency update on M.E. services and the new care pathway for Fibromyalgia patients on Northern Ireland.

9:30pm  Question and answer session.
What does the Northern Trust say about ME?

“ME is a condition which medical science is continuing to decipher. This means many healthcare professionals are left unclear as to how best to treat it. This hasn’t been helped by the fact, at one stage, ME was labelled as a psychiatric condition. Now it is widely recognised that ME is a physiological condition which affects the immune, neurological and endocrine systems in the body.”

Attend a world-class conference in a new era for Northern Ireland, as recruitment for a new ME-CFS Clinical Lead (Consultant) gets underway in April 2018

This timely workshop is for all NHS healthcare providers, decision makers, university lecturers and medical students, to coincide with the establishment of new NHS services for ME/CFS patients. World leading clinicians and researchers in this field, from Stanford University, ME/CFS Initiative and John Hopkins Children’s Center, will provide a better understanding towards accurate diagnosis, management and treatment of the disease.

NICE Guidelines for ME/CFS is now under review, due to global scientific breakthroughs and reports of the ineffectiveness and harms caused by current recommendations of graded exercise therapy and cognitive behavioural therapy, the review report will not be published until October 2020. During this transition period, this unmissable event will provide all primary care staff with a greater knowledge on how best to serve and protect this large patient population in Northern Ireland.

About Hope 4 ME and Fibro NI

We are a Northern Irish charity, campaigning for NHS specialist services and providing support for patients suffering from Myalgic Encephalomyelitis (M.E.) and Fibromyalgia. Find out more at hope4mefibro.org, email hope4mefibro@outlook.com or call 07712892834.