The Department of Psychiatry and Behavioral Sciences is a vibrant, multidisciplinary department dedicated to advancing science and integrating this foremost mission with those of clinical innovation, educational excellence, community engagement and commitment, and professionalism and leadership development.

The Adolescent Dialectical Behavioral Therapy (DBT) Fellowship at Stanford serves as the culmination of training in psychology and is guided by the scientist-practitioner model. Residents are offered diverse clinical experiences in assessment and treatment utilizing evidence-based treatments, rich didactics based on current empirical literature, opportunities for scholarly inquiry, and supervision by Stanford faculty. The mission of the Fellowship Program is to train highly skilled, ethical psychologists who contribute to the field of psychology through clinical work, research and/or education.

**Program Goals and Competencies**

The primary goal of the program is to provide advanced training in the areas of clinical service, scholarly inquiry, professionalism and ethical decision-making. The program design is based on six core competencies, including:

- Theories and Methods of Diagnosis and Assessment
- Theories and Methods of Effective Psychotherapeutic Intervention
- Individual and Cultural Diversity
- Professional Conduct and Interpersonal Relationships
- Ethics and Legal Matters
- Scholarly Inquiry

Additionally, fellows receive training in the following areas specific to children and adolescents.

- Life Span Developmental Psychology and Psychopathology
- Child, Adolescent and Family Assessment Methods
- Intervention Strategies
- Research Methods and Systems Evaluation
- Professional, Ethical and Legal Issues Pertaining to Children, Adolescents and Families
- Issues of Diversity
- The Role of Multiple Disciplines and Service Delivery Systems
- Prevention, Family Support, and Health Promotion
- Social Issues Affecting Children, Adolescents, and Families
• Specialized Applied Experience in Assessment, Intervention and Consultation

Clinical Descriptions
The postdoc will receive in-depth training in providing adherent, comprehensive, Stage 1 DBT to adolescents with suicidal and self-harm behaviors. The postdoc will participate in all modalities of comprehensive DBT with adolescents, including individual therapy, collateral and family therapy, multifamily skills group, telephone coaching and weekly consultation team meetings. DBT services will be provided in the outpatient clinic. The postdoc will also receive intensive training in suicide risk assessment and management and take part in the Crisis Consultation Clinic, which provides brief evaluation, treatment recommendations, care linkage and evidence-based safety planning strategies for youth at risk for suicide seen in the Stanford outpatient psychiatry clinic and the Stanford ED. Participation in research related to DBT and treatment of suicidal youth may also be available. Additional clinical experiences may include treating adolescents with mood, anxiety and sleep disorders using cognitive-behavioral treatment approaches.

Clinical Training
Fellows spend 20 hours per week in direct patient care. They conduct one to two new patient evaluations each week and carry ongoing individual and family therapy cases as well as participate in groups.

Didactic Training
The fellow attends three didactic training seminars that meet on a weekly basis throughout the year including seminars focused on diagnosis and treatment of specific disorders as well as a seminar focuses on Ethics in preparation for licensure. Child Psychiatry Grand Rounds take place once a month.

Supervision
Fellows receive a minimum of four hours of supervision each week. The supervision is divided between two hours of individual and two hours of group.

Application
All applicants must have completed:
1. APA- or CPA-accredited graduate programs in clinical or counseling psychology
2. APA- or CPA-accredited internship; and
3. All requirements for their PhD or PsyD prior to the beginning of their appointment

Application Due: December 9, 2019
Fellowship Start Date: September 3, 2020
Stipend: $62,700 + benefits

For questions about the Child Psychology Postdoctoral Fellowship, please contact Maryam Mossadeghian at mary282@stanford.edu

Sharon Williams, Ph.D.
Director, Clinical Child Psychology Postdoctoral Fellowship Program