Improving the Quality of Your Care

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CF Education Day
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To determine if establishing a patient binder which includes a standardized CF Action Plan along with phone calls to families prior to scheduled appointments will improve:

- Patient organization and satisfaction
- Adherence with 3 month f/u appointments
METHODS

- Each family will be given a binder which contains
  - CF Action Plan
  - appointment reminder
  - current list of meds
  - treatment plan
  - Nutrition section
    - growth curves
    - education materials
    - nutrition plan
  - PFT’s
  - Lab results
  - List of providers
  - Transition booklet
  - Appointment calendar
  - Questions/Concerns
METHODS

● Each family will be called by Miguel one week prior to their scheduled appointment to remind them to bring their binders and of any labs due

● Families will complete a survey at the beginning of the project and upon completion to determine impact on quality of life and patient satisfaction

● Projected beginning date: 10/3/11
● Projected completion date: 7/1/11
• Review patient prior CF Action Plan
• Review transition booklet
• Assess patient medical needs and questions
• Discuss findings with MD
- Reviews growth charts with family
- Provides diet education
- Family and RD devise nutrition plan
- Growth charts, Nutrition component of the CF Action Plan is completed, and education materials are placed in patient binder
• Performs spirometry and airway clearance education
• Assess pulmonary equipment needs
• Results are discussed with MD, Airway Clearance component of the CF Action Plan is completed and a copy of the PFT is placed in patients binder
Lindsey Martins, SW

- Administers binder survey
- Psychosocial assessment
- Crisis intervention
- Resources
- Emotional support
- Care coordination
Your Physician

- Discuss interval history with the patient/family
- Review diagnostic studies
- Examine patient and make a clinical assessment
- Review medical plan with the patient/family
- Updates medication list and writes the plan of care on the Action Plan
Patient Service Coordinator…Miguel

- Assists in scheduling future appointments
- Coordination of all procedures, medication renewals, insurance verification and authorizations
- Calls family one week prior to next appointment with a reminder to bring binder, need for labs/OGTT, imaging and comprehensive PFT
Our Goal

Establishing a treatment binder, CF action plan and appointment reminders will…

- **Improve** organization and the understanding of medication and treatment regimens
- **Allow** families to track nutrition progress
- **Improve** patient organization and satisfaction
- **Improve** adherence with 3 month follow-up appointments