

# DRIVEN BY YOUR DREAMS

Brandy Zahner, Area Director

# A COMMITMENT TO INNOVATION



- **12+** treatments available, including four to address the underlying cause of cystic fibrosis
- **~35** major industry research programs focused on early-stage genetic therapies
- **Up to 6** clinical trials for **genetic therapies** – including three for mRNA therapies - already underway or will begin in the next 18 months

# ACCELERATING INNOVATIVE CARE



# Programs to Support You

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## CFPEERCONNECT

CF Peer Connect is a one-to-one peer support program for people with CF and their family members ages 16 and older. No matter what you're going through, there is someone who has been through a similar experience for you to share, learn, and connect.

From CF-related challenges to managing day-to-day life, the CF Peer Connect team will match you with an adult with CF or a family member to provide a type of support that only someone with shared experiences can provide.

## CFF Cares Events

Casual gatherings created to help individuals caring for people with CF find support within other members of the community. CF Foundation Cares is intended for conversation, building relationships and encouraging families, friends and caregivers along the CF journey.

- May 18, 2023 at 6:30 PM in Sacramento, CA
- June 4, 2023 at 11 AM in Berkeley, CA
- June 13, 2023 at 6 PM- Virtual for Adults living with CF
- August 22, 2023 at 6:30 PM in Roseville, CA
- August 29, 2023 at 6:30 PM in Modesto, CA
- November 16, 2023 at 6:30 PM in Sacramento, CA



We Can Help You With:



Insurance Coverage  
and Benefits



Legal Information



Resources to Pay  
for Medications  
and Therapies



Other Concerns

**Tell us your issue.**

We will help you find a solution.



**844-COMPASS(266-7277)**

[compass@cff.org](mailto:compass@cff.org) | [cff.org/compass](https://cff.org/compass)

# 2023 Virtual Community Conferences

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## ResearchCon | April 26 & 27

For anyone with a personal or professional connection to CF

Learn and discuss CF-related science and care alongside others living with and studying the disease. Explore your curiosity and engage with the whole CF community, including experts and peers. Gain knowledge in CF research, science, and care to better advocate for yourself, your loved one, or your patients.

## NextBreath | June 13 & 14

For adults with CF experiencing lung health complications and their loved ones

Connect with others going through similar situations such as living with advanced CF lung disease, facing daily activity limitations, managing supplemental oxygen, considering transplant, and living post-transplant. Engage with peers who understand in an inclusive and compassionate setting.

For more information, visit [cff.org/CommunityConferences](https://cff.org/CommunityConferences)



## WAYS TO GET INVOLVED

### team M·A·T·E

The CF Foundation has chapter offices across the country. Help is needed at the office for event preparations, mailings, phone banking and at fundraising events.

### TOMORROW'S LEADERS

Tomorrow's Leaders is the Foundation's young professionals group, offering members the opportunity to connect with others, learn and grow personally and professionally, all while making a difference in the lives of those living with cystic fibrosis

### GRAMPIONS

Grampions are dedicated grandparents or "grandpersons" who are determined to make a difference for those living with CF. Join a growing community of support, receive volunteer opportunities, and attend national and local events.

### COMMUNITY VOICE

Community Voice is an empowering, virtual opportunity for people with cystic fibrosis and their family members to share their experiences, perspectives, priorities, and knowledge to impact CF research, care, and programs.

### ADVOCACY

Your voice has the power to inspire action and help shape public policy. Become an advocate. Text "FIGHTCF" to 52886 to sign up for advocacy alerts.



## Northern California Chapter

# 2023 EVENTS

### **Breath of Life Gala**

Saturday, March 18

The Rtiz-Carlton San Francisco

[events.cff.org/SFGala2023](https://events.cff.org/SFGala2023)

### **Great Strides Walnut Creek**

Saturday, April 15

Heather Farm Park

[fightcf.cff.org/walnutcreek2023](https://fightcf.cff.org/walnutcreek2023)

### **Great Strides Sacramento**

Saturday, April 29

California Highway Patrol Academy

[fightcf.cff.org/sacramento2023](https://fightcf.cff.org/sacramento2023)

### **Great Strides San Francisco**

Saturday, May 13

Little Marina Green

[fightcf.cff.org/SF2023](https://fightcf.cff.org/SF2023)

### **Great Strides Santa Rosa**

Saturday, September 9

Howarth Park

[fightcf.cff.org/greatstrides](https://fightcf.cff.org/greatstrides)

### **Uncork the Cure**

Sunday, September 10

Russian River Vineyards in Forestville

[events.cff.org/NCAUncorktheCure](https://events.cff.org/NCAUncorktheCure)

### **Great Strides San Luis Obispo**

Saturday, September 30

Avila Beach

[fightcf.cff.org/greatstrides](https://fightcf.cff.org/greatstrides)

### **Cycle for Life Sacramento**

Saturday, September 30

Sacramento Capitol

[fightcf.cff.org/norcalcycle](https://fightcf.cff.org/norcalcycle)

### **Great Strides Santa Cruz**

Sunday, October 1

Natural Bridges State Beach

[fightcf.cff.org/greatstrides](https://fightcf.cff.org/greatstrides)

### **65 Roses Golf Tournament**

Monday, October 2

Los Altos Golf & Country Club

[events.cff.org/NorCal65RosesGolf](https://events.cff.org/NorCal65RosesGolf)

### **Taste for a Cure**

Sunday, October 22

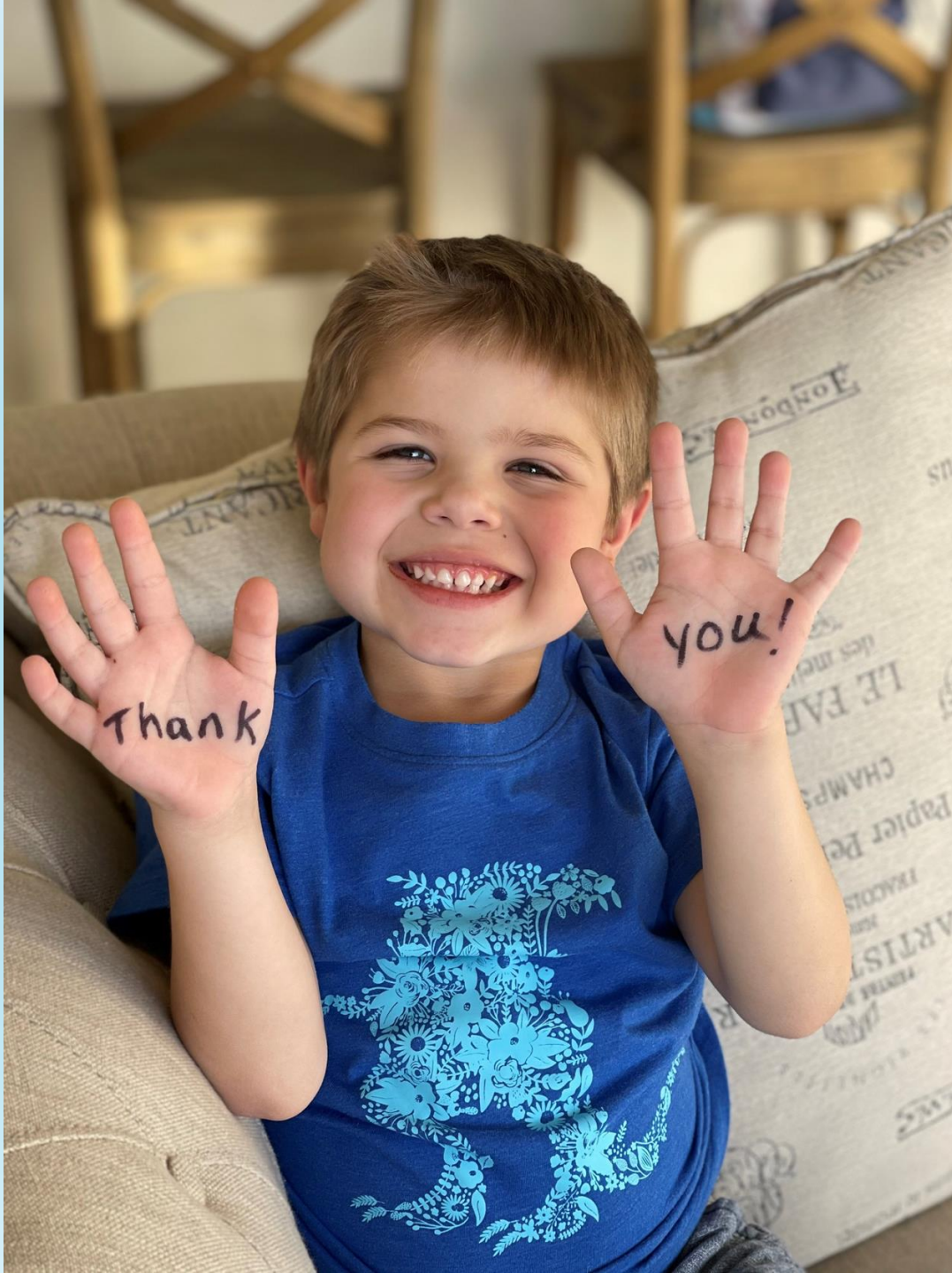
Gold Hill Gardens, Newcastle

[events.cff.org/tasteforacure](https://events.cff.org/tasteforacure)

### **Yosemite Xtreme Hike**

October 13-15

[fightcf.cff.org/yosemitehike](https://fightcf.cff.org/yosemitehike)



# Thank You!

Questions?

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