



PATIENT UPDATE

Name: _____ Date of Birth: _____

Grade/School: _____

Issues you/ your child would like to discuss at today's visit:

Please update us on any of the following recent issues:

- Nutrition/ Weight
- Lung Health
- Medications
- Mental Health
- Sexual Health
- Drugs/Alcohol
- Insurance/Financial/ Employment (new job, promotion, job loss)
- School (stress, transition, absences, 504/IEP)
- Life Changes/Family Planning (moving, marriage/divorce, baby, strained relationship, bereavement)
- Upcoming Travel
- Other (transition, starting daycare/school, changes in SSI status, immigration)

List any recent **changes** in your medications or routine (including integrative or alternative therapies)

Current Antibiotic Treatment: No Yes Details: _____

How many times a week do you/does your child **struggle** with his/her airway clearance?

How do you/does your child like to approach doing procedures (i.e. lab draws, throat cultures, x-rays)?

Do you need any refills? No Yes If yes, please list below.

Topics to discuss with my team:

- Manual CPT teaching/review
- Tips to transition from mask to mouthpiece for nebulized medications
- Research questions
- Dosing of Enzymes
- How to learn to swallow pills
- How to manage care burden
- Other:

What would you like to learn more about?

General Symptoms (please circle one)

Temperature	Normal	Elevated/Fever	Low
Energy Level	Normal	Decreased	Increased
Activity Level	Normal	Decreased	Increased
Headaches	No	Yes	
Other			

Respiratory Symptoms (please check one)

	Not Applicable	Increased	Decreased	Comments
Work of Breathing				
Cough				
Mucus/Phlegm				
Shortness of Breath				
Wheezing				
Chest Pain				
Coughing of Blood				
Other:				

GI/Nutritional Symptoms (please check one)

	Yes	No	Frequency	Comments
Loose/Oily stools				
Constipation				
Abdominal pain				
Other				

Food Health/Nutritional Education (please circle one)

Appetite	Normal	Decreased	Increased	
When do you/does your child take their enzymes?	Before Meal	During Meal	After Meal	Does not take enzymes
How often does your child struggle remembering his/her enzymes?				