Using all of these vibrant colors cheered me up while I was in the hospital. They remind me of the beautiful California landscape.
About Healing HeARTs

Healing HeARTs is a children’s advocacy project conducted by staff at Lucile Packard Children’s Hospital and medical students at the Stanford University School of Medicine. The missions of this project are to support creative expressions of children at LPCH, to build pride and self-esteem in these children by displaying their creations, and to increase community awareness of issues surrounding hospitalization and illnesses of children. All submissions were displayed at LPCH for viewing by hospital visitors, patients, staff, and the public.

All work published in this magazine was created this year by patients or siblings of patients at LPCH, Packard at El Camino, and the Comprehensive Care Program. Most projects were completed with one-on-one guidance from medical students, recreation therapists, school teachers, and art therapists. All children had privacy release forms signed; this project is HIPAA-compliant. Our long-term goal is to publish one magazine per year, highlighting the creative activity and expressions of our amazing children.

This publication is funded by generous contributions from Ralph Folsom, the Division of General Pediatrics at the Stanford University School of Medicine, and the Lucile Packard Children’s Hospital Auxiliaries. Feedback, suggestions, and donations to help support this project are welcome. For more information, or to submit art or writing, please email dr.grace.cheng@stanford.edu. To help support the Healing HeARTs project with a financial gift, please contact the Lucile Packard Foundation for Children’s Health at 650-736-8282.

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I drew this picture cause I was thinking of HOME SWEET HOME. I hope all the sick people get better.
I am 8 1/2 years old and I have a brain tumor. I like to draw, read and do math.

Shannon Shaw, 9

Jennifer Hoyland, 11

Jennifer’s grandmother Coreen says: This is a picture of Jennifer and her sister Candice, We miss her so very much. I hope you will always remember her.
A Thought From the Heart

Don’t fall into the lies of this world. An eating disorder is such a dangerous thing to deal with on your own. So if you have one please seek help. Stay strong always.

Sunrise at the Beach

A thousand thank you’s to all the doctors, nurses and staff on the CCP unit who helped to make on my road to recovery.
Chandler Bruttig, 11

A thousand thank you’s to all the doctors, nurses and staff on the CCP unit who helped to make my stay great on my road to recovery.

Erica Hyland, 20

We are all in this together, we are all one.
Let’s come together and spread peace, love, health, and happiness.
Beauty comes in all different colors, shapes and sizes.
Love your body.
Love yourself.
Love your life...
...there is beauty in everything, you just have to find it.
Cameron Gunther, 7
Marcos Mendoza, 11

My Brother and I Playing in the Park
Marcos Mendoza, 11

I like playing with my brother. We play with video games and toys. I was in the hospital sick but thanks to the doctors and nurses I have gotten better. Thank you to the doctors and nurses at Packard. To the other kids at the hospital: try not to be afraid because they take good care of you there at the hospital.

Austin Lopez, 11

Making this was both challenging and fun.
Determined

No one person should give up. Even though it gets tricky at times, we should keep on steppin' forward.

The Flower Plate

I've drawn the flower ever since I was a baby, and I still draw it now!
I like sharks. I don’t know why, but I do love the San Jose Sharks. When I get my new heart, I hope to play hockey.
Color
Humberto Vasquez, 5

My best friend Jimmy and I like to play football.

Brittany Delacruz, 7

I was in a car accident and I was at the hospital for surgery. I love to do all kinds of artwork. Coloring is my favorite kind of artwork to do.
Hi I am Mallory Mozingo. I am 12 years old, and I like to cheerlead and ride my dirt bike. I have been cheering for 4 years and riding since I was 3. For the other kids at the hospital: don’t worry about being at the hospital, try and think about other things while you are there. The doctors are good and you will get better!
I made a picture of my stuffed dog Lily. My brothers Peter and Scottie gave her to me after my operation.

Megan Fitchen, 7

Megan Bingham, 5
My name is Emily Banuelos. I am 13 years old. The things I like to do are poetry, reading and dancing. I like going to school. I have a very large Latin family. This is a picture of the angel that donated this new heart to me, and a picture of my old heart.
Joseph Casillas, 13

I was diagnosed with Hodgkin’s Lymphoma last year. The toughest time for me: when they told me I was ok and I was able to go back to school, but then they told me I still had cancer and had to get chemo all over again, and now I had to have a bone marrow transplant too. I have been ok since the bone marrow transplant, which I got in February 2007, this year. The best thing for me is being able to be at home instead of being at the hospital.

Candace Peacock, 14
Raul's mother says: Raul had Fanconi anemia. He suffered a lot but he tried his best to survive. He was a wonderful boy with a big heart. When he was sick and always at the hospital, he began taking cooking classes. One time, Raul told me, "Tomorrow I will be cooking for 200 people." He went to the grocery store and bought bread and ham with his own money that day. The next morning, he got up at 3:30 am to make sandwiches. During the day, he went and gave out all of these sandwiches he had made to poor homeless people. Raul was always thinking of other people, and the other children at the hospital too. We miss him very much.
Matt Nedwick, 12

I am grateful for ALL the love and care I have gotten from LPCH!! Thank you!

Hello, I am Kathy Cha from Fresno. I am hoping that someday I will be able to become an art teacher because I enjoy doing art. I was at the hospital because I had thyroid cancer, and I had surgery to take the cancer out. The hardest part was having the surgery, because I was scared. I was worried if I would make it or not. The best part about being at the hospital was the nurses always being there for me, and because everyone was always so nice to me.
Thank you Packard Children’s for helping me to get better. I was hospitalized Christmas Eve 2006 and was diagnosed with leukemia on Christmas Day. I really enjoyed going to the schoolroom to do artwork while I was at the hospital.
Ann Hoang, 13

I'm 13 years old. This jumble of pictures and words describe and tell what I like to do and what I will do when I get better. The phrase or saying, "Optimism is key" is what I believe will help me through this.
Emilio Medellin, 6

Eduardo Gonzalez, 14
My name is Kelli Cravins.
My real name is Kelli, or as my friends call me Kelli Bellie.
I am a tiger because I am strong, confident, intelligent, and rare.
In my heart is a shield I use to constantly protect myself.
Determination is written across my forehead because I can achieve anything I put my mind to and I won’t let anything or anyone stop me.
I love the smell of food because it reminds me of family.
The smell I hate is smoke.
I love the sound of a muscle car.
The sound I hate is screaming.
My favorite time a day is midnight because it is quiet and I have the whole house to myself.
If my hands could speak they would tell my stories of my life.
My dad always would say, “You can do anything.”

Kelli Cravins, 18

Sadness of a Dog

I went to Mexico for a vacation, but it turned out that I’m in a hospital.
This is a picture of my dog, his name is Oso and his name means bear.
Oso looks sad, so that is why I named it “Sadness of a Dog.” I think he misses me, but he would want to see all four of us, not just me.
I love and watch Japanese anime single day.

Sadness of a Dog

Fernanda Cuevas, 13
Gabrielle Billeaud, 9
I like the artwork class the best, and the IV the worst.
Why is it that the price of beauty now
Has to be damaging to our health?
What happened to the definition of beauty
What happened to beauty itself?
In society today
Beauty and appearance are taken for granted
If you’re not at least appealing;
You’re not a part of society
You’re just the loner
When did this become right?
What happened to beauty consisting of:
The heart,
The soul,
The mind?

In today’s world;
You have to be skinny
Just to fit in with everyone
Beauty used to be;
Having a heart.
With no heart dear,
Then, only are you then,
Just a complete Barbie doll.
I’m happy that I realize achieving perfection isn’t beauty.
Beauty is where the heart lies.
I think beauty is;
When someone can love after being hurt.
Be so happy after being so sad for so long.
Look at the bright side when they’ve been blinded for so long.
I love to paint, draw, and color pictures with crayons.

Geetika Gopidas, 3

Mommy, Daddy, and Baby’s House
Michelle Hosking, 9

I like to do artwork because it’s fun!

Heather Ford, 16

It was a warm and sunny day.
I walked outside to play.
I was running around
And you will never guess what I found.
It was a beautiful blooming flower.
The color pink and as tall as a tower.
It was so bright.
It was like looking into car headlights.
This flower was amazing.
It is what motivates me to live life not so lazy.

**The Flower of Life**

Heather Ford, 16

It was a warm and sunny day.
I walked outside to play.
I was running around
And you will never guess what I found.
It was a beautiful blooming flower.
The color pink and as tall as a tower.
It was so bright.
It was like looking into car headlights.
This flower was amazing.
It is what motivates me to live life not so lazy.
I like the whole folding of the little squares, reminds me of drafting and geometry.

Michael Vera, 18

I like skipping in fields of dandelions and gazelles.

Clayton McDonald, 17
Gabe’s mother says: “Hero”...That is the only word to describe my son Gabe Morisch. Gabe left such great memories for all of us that no words can possibly describe. Gabe’s love lives on through all of us and his memory will be truly embraced by so many each day! Gabe woke each day with hope, kindness, enthusiasm and the biggest smile ever. He loved skateboarding, karate, movies, playing guitar hero, playing his drums and real guitar, he loved music of all kinds, his ipod and especially being with his family and friends. He loved to hang out at the skate park doing tricks and teaching others, camping and just living life to its fullest each day. We are all so proud of him.

Stanford and the staff were outstanding in providing Gabe and our family with the best care and love....something we will never forget. Gabe would have been the first person in line to promote the wonderful atmosphere, personnel, and care of all the hospital staff during his treatment. His artwork is a testimony to one of his life’s accomplishments. The “420” pastel was something he was so proud of and had a great meaning to him...a beginning and an end. Gabe gave my life a purpose and I will live on knowing I had the most wonderful son a mother could have possibly hoped for. May each family going through cancer find comfort knowing that Stanford is the best place for their child to experience the hope and quality care each deserve. Thank you to everyone for a job well done. A special place in my heart to my oldest son Neil and my sister Susan for helping me care for Gabe’s special needs at home during his final journey. Gabe’s memory will live on forever! My love and thanks to everyone else who assisted that I have not personally mentioned; each of you know who you are. Blessed Be...And may your lives be as blessed as Gabe’s!
This is my cat, Snickers. I love her so much! I really miss her so I decided to paint her.

Olivia Hanke, 14

Sukayna Alugaili, 4
I would like to thank the nurses and staff for being so caring and helpful!

Jennifer Angelina Hernandez, 6

Emily Heinsen, 11
Is a child stuck inside of Satan’s lies
I am weary for I know my heart is not with God
I am scared because I don’t know what to believe
So I search for God
As I search for God
Then I see the light and I’m filled with His glory

I am a child stuck inside of Satan’s lies
I am critical of myself
I must meet certain standards to feel good about myself
So I search for God
As I search for God
Then I see I am totally forgiven and fully pleasing to God

I am a child stuck inside of Satan’s lies
I am uncomfortable around those who are different than me
I must be approved by certain people to accept myself
So I search for God
As I search for God
Then I see I am totally accepted by God

I am a child stuck inside of Satan’s lies
I am afraid of what God may do to punish me
I believe I am unworthy of love and deserve to be condemned

So I search for God
As I search for God
Then I see that I am deeply loved by God

I am a child stuck inside of Satan’s lies
I am generally disgusted with myself
I am what I am, I cannot change, I am hopeless
So I search for God
As I search for God
Then I see I am a new, absolutely complete person in Christ

I am a child filled with God’s Truth
I am totally forgiven and fully pleasing to God
I am totally accepted by God
I am deeply loved by God
I am a new, absolutely complete person in Christ
I am no longer stuck inside of Satan’s lies I no longer have to search for God
I have found Him

I am a child filled with God’s truth
I have replaced Satan’s lies with God’s truth
I fully love and accept myself because I am completely loved and accepted by God
I am fearfully and wonderfully made
Consciousness

Patrick Herrmann, 21

I am a cartoonist and tattoo artist. I was diagnosed with small round blue cell tumor out of the blue and have been searching for a comfort in case everything doesn’t go as planned.

Melissa Wright, 17

I made this bus for Valentine’s day, the Love Bus, and I like pink.
Yesenia Soria, 13

I enjoy art, computers and being with my friends and family.

Brooke Marsal, 16
Boomer is my cat. I miss him when I come to Stanford.

Taylor Luce, 12
I love anything. I have 3 dogs and a horse. When I come home from the hospital, I am getting a kitten. I love to read stories and make rhymes.

Lily Blanchard, 5

I am a 7th grader that plays the flute and piano, and I’m now learning to play the guitar. I’m an anime artist, and want to be an author. I’m recovering well, and loved my treatment at Stanford. Thanks so much Dr. Edwards for everything you did!

Sonja Hazelton, 14
I'm planning on becoming a professional soccer player and getting lots of money.

Soccer Bank

Martin Gomez, 16
When I was 5 years old, I was in my room by myself early in the morning, while my Dad and Mom were outside. In my room we have a statue of Sacred Heart of Jesus. I looked at him. Two seconds later, an image came out from the statue. It came to me and hugged me tight, and I believed it wasn’t a dream because I was so wide awake! Jesus said, “Ajmer, be a priest.” So, God has a plan for me. Even though I have leukemia, I have a strong faith that I’m gonna be okay, because God loves me much!
I love Dr. Hanley.
I am pink - not blue - anymore.
Thank you!
Olivia’s mother says: Thank you
Dr. Hanley and LPCH for giving our baby a life.
We love you!

Olivia Dalton, 6

I'm 16 years old and really enjoy expressing myself through creativity.

Brittany Gholson, 16
Being in the hospital inspired me to paint this picture. I think that my painting is colorful, nice, and appropriate. It reminds me of when I was at the doctor for diabetes. I don’t like it when they inject me for the diabetes. I am afraid of the needles, but I know I have to be brave, and I have learned to give myself the injections.

Jacqueline Alvarez, 9
The Art Reach Program at the Triton Museum of Art, with a donation from the Cisco Foundation and Soroptimist International of Santa Clara, contributed to the creation of artwork during the LPCH inpatient school-room art class. Several pieces from the art class appear in this magazine.

The Healing Arts program at Ronald McDonald House offers families a safe, nurturing environment where creativity, self-expression, and enrichment promote education, enjoyment, and community. Healing HeARTs work at Ronald McDonald House is a component of the Healing Arts program.

The Children’s Health Council hosts an art therapy program for children who are facing or who have faced medical difficulties. Art therapy is a form of psychotherapy that utilizes art-making as a part of the treatment process. The Healing HeARTs program works closely with CHC art therapist Jo Wallace in coordinating contributions to the project.

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Stanford medical students who worked one-on-one with the children, organized the project, and designed the magazine:
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Kristen Whitaker, Barrett Larson, Beth Labuz, Yana Vaks, Lynne Rosen, Lori Rutman, Katie Pricola
I drew this when I finished my last round of chemo. I was thinking about having chemo and about my great-grandma and how she passed away, and how that was really hard.

I drew reality on the left side. There I drew a sun, a tree with the sun on it and some shadow, and a normal flower with some grass. I also created a fiction side on the right, where the sun was yellow, wearing glasses and looking goofy, and the sunflower has its tongue sticking out.

I’ms in reality right now, I’m not in my other world where things were fiction and everything was just fine. Right now, everything is happening to me: my great-grandma passed away, I got diagnosed with cancer, and it was very hard. That’s why I put “reality” and “hard” in the picture.
I drew this bull from a book about animals. When I left the hospital, I was most looking forward to seeing my friends at home in Nevada.