This 3-part series is open to individuals with a diagnosis of Alzheimer’s disease, a related dementia or mild cognitive impairment, who are in the early stages and are interested in learning more about their diagnosis in an interactive program.

The diagnosis of Alzheimer’s disease is life changing and leads to many questions. What will this mean for me and my family? How do I plan for the future? Where can I get the help I need? Join us for this 3-part program where you will hear from others who have been where you are. We will discuss what you need to know, what you need to plan, and what you can do as you navigate this chapter of your life.

**Topics covered will include:**
- Understanding Alzheimer’s disease and memory loss
- Legal, financial and resource planning that needs to be done in the early stage
- Components of a care team and how to successfully work with each component during the early stage of the disease

Each participant will receive a “Taking Action” workbook.

**Dates (please attend all three):**
Tuesday, May 29, 2018  
Tuesday, June 5, 2018  
Tuesday, June 12, 2018  
**Time:** 10:30 a.m. to 12:30 p.m.  
**Location:**  
San Jose, CA  
> Registration is required. Please contact Vanessa Souza at 408.372.9976 or vsouza@alz.org.