

Volunteers Needed: Healthy Brain Aging Study



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MEDICINE

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on Aging ■ ◆ ✦ ✧

WHAT: As part of the new **NIH Stanford ADRC**, the Healthy Brain Aging Study is looking for volunteers with Alzheimer's disease, Parkinson's disease, Lewy body disease or Mild Cognitive Impairment to participate in a multidisciplinary research study of memory and aging. Healthy adults aged 70 years and older (normal controls) are also invited. The study involves a neurological examination, memory testing and questionnaires, brain imaging (MRI), genetic testing, and the analysis of proteins in the blood and spinal fluid. Our goal for this research is follow volunteers over time, including eventual brain donation, to develop biological markers that enhance understanding, early detection, and effective treatment of Alzheimer's disease, Parkinson's disease, age-related cognitive decline, and similar disorders of the brain.

WHERE: Procedures take place at Stanford Health Care and Stanford University.

COMMITMENT: Participation takes place over 2 to 3 days, which may be spread out over a period of several weeks. You will be invited to return in a year.

ELIGIBILITY: Alzheimer's disease, Parkinson's disease, Lewy body disease, or Mild Cognitive Impairment; or no cognitive or neurological impairment (normal).

WHAT TO EXPECT IF YOU VOLUNTEER: A neurological examination, cognitive (mental) tests and questionnaires, one or two MRI brain scans (does not involve radiation), a blood draw, and in most instances a lumbar puncture (spinal fluid draw). We will ask you to return next year and also to consider eventual brain donation.

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The Healthy Brain Aging Study through the Stanford ADRC is funded by the NIH|National Institute on Aging for studies of healthy brain aging and Alzheimer's disease, Parkinson's disease, Lewy body disease, and related disorders.

The principal investigator is Victor Henderson, MD. The center is co-directed by Tony Wyss-Coray, PhD. Department of Neurology & Neurological Sciences, University School of Medicine.

For general information about participant rights, contact 1-866-680-2906.