INTRODUCTION TO F AWARDS:

F awards support research training for individual pre-and post-doctoral fellows. In general, F awards provide stipends and reimbursement for tuition and fees, travel, institutional allowance, and training-related expenses (including health insurance). Note: F30, F31, and F32 are National Research Service Awards (NRSAs).

F30 NRSA Award for Individual Pre-doctoral MD/PhD Fellows

Purpose: Provides research support for individuals pursuing a combined MD/PhD program. Awardees are encouraged to apply for other research grants. Applicants may not have a concurrent, competing award application.

Budget: Provides up to 6 years of support: stipend and tuition, fees, travel, institutional allowance, and training-related expenses, including health insurance. Indirect costs are not allowed. F30 awards are not renewable.

Due Dates: April 8, August 8, and December 8 (for new applications, renewals, resubmissions, and revisions)

Links: F30 parent announcements:
PA-09-232 (supported only by NHLBI)
PA-09-207 (supported by NIAAA, NIDA, and NINDS)

F31 NRSA Award for Individual Pre-Doctoral Fellowships

Purpose: Provides support to promising doctoral candidates, especially from underrepresented groups, both to perform dissertation research and to train in scientific, health-related fields. Applicants may not have a concurrent, competing award application.

Budget: Provides up to 5 years of support: stipend and tuition, fees, travel, institutional allowance, and training-related expenses, including health insurance. Indirect costs are not allowed. F31 awards are not renewable.

Due Dates: April 8, August 8, and December 8 (for new applications, renewals, resubmissions, and revisions)

Links: F31 parent announcements:
PA-09-208 (supported by several ICs)
PA-09-209 (relevant to underrepresented minorities; supported by several ICs)
**F32 NRSA Award for Individual Post-Doctoral Fellows**

**Purpose:** Supports research training for post-doctoral fellows to become productive, independent investigators. Applicants may not have a concurrent, competing award application. Currently offered by AHRQ and several ICs.

**Budget:** Provides up to 3 years of support: stipend and tuition, fees, institutional allowance, travel, and training-related expenses, including health insurance. Indirect costs are not allowed. F32 awards are not renewable.

**Due Dates:** April 8, August 8, and December 8 (for new applications, renewals, resubmissions, and revisions)

**Links:** F32 parent announcements:
- [PA-09-229](https://www.nih.gov) (supported by AHRQ)
- [PA-09-210](https://www.nih.gov) (supported by several ICs)

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**USEFUL REFERENCES AT NIH:**

- [F kiosk](https://www.nih.gov)
- [NRSA Training Page](https://www.nih.gov)
- [Funding opportunities for research doctoral students](https://www.nih.gov)
- [Funding opportunities for health professional doctorate students](https://www.nih.gov)

**USEFUL REFERENCES AT STANFORD:**

- RMG’s information on [Preparing Fellowship Applications](https://www.nih.gov)
- [Office of Postdoctoral Affairs](https://www.nih.gov)
- Department of Anesthesia contacts:
  - Michael Helms (650) 721-6119
  - Patricia Rohrs (650) 483-7584
  - Frances Davies (650) 493-5000 ext. 64584

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