

STANFORD UNIVERSITY  
MEDICINE CENTER ALUMNI ASSOCIATION  
WEEKEND AT SIERRA CAMP

**FREQUENTLY ASKED QUESTIONS**

**LOGISTICS**

**How do I get there?**

Driving directions can be found here: [http://www.stanfordsierra.com/docs/Drive\\_Map.pdf](http://www.stanfordsierra.com/docs/Drive_Map.pdf)

**What is the contact information for Sierra Camp?**

Mailing address: PO Box 10618, South Lake Tahoe, CA 96158-1959

Physical address: 130 Fallen Leaf Road, Fallen Leaf, CA 96151

Phone number: (530) 541-1244

Fax number: (530) 541-2212

**I'm flying into Reno airport – is there a shuttle to the Sierra Camp?**

Yes! Please contact the front desk at least a week in advance. Instructions and costs are here:

<http://www.stanfordsierra.com/shuttle>

**What if we plan to arrive late?**

There will be staff at the check-in desk until 10 p.m. on Thursday. If you plan to arrive later than that, please let us know, and we will alert the staff to leave a key and flashlight at the desk for you to use.

**How far is Sierra Camp from civilization?**

There are large stores (Kmart, Longs Drugs) approximately 20 minutes outside of the campgrounds at the "Y" intersection of Hwy 50 and 89.

**Will my cell phone work at Sierra Camp?**

No. There are phones to use, but please bring a calling card. The Camp does have wireless Internet (in the Lodge only) if you want to bring your laptop; if you just want to check e-mail/use the Internet, there are four business center computers.

**Can I send/receive faxes at Sierra Camp?**

Yes, at a charge:

Fax received = \$.50/page Fax sent = \$2/page

Copies = \$.10/page

International rate for fax sent = \$7/first page, \$2/page additional

**What are some extra items we should consider packing?**

- 1) Flashlights – the lighting at Sierra Camp at night is low, so flashlights are helpful for getting around.

- 2) Warm layers – the temperatures may drop once the sun goes down, so please bring some jackets (especially if you plan to go on the evening star-gazing boat cruise).
- 3) Sporting equipment – see the “Activities” section for various sports opportunities at the Camp in which you will need your own equipment.

**Do we need to bring our own sheets and towels?**

No! Sierra Camp provides your towels and sheets (they’ll even make your bed!).

**When is check-out?**

Check-out is at 10 a.m. on Sunday, June 5. You are welcome to put your bags in your car or at the front desk and use the facilities until 1 p.m. There will be brunch served from 8 a.m. – 10 a.m., and a “hikers bar” in the dining room for packing a snack for the ride home.

**Who is the main contact when we’re on site?**

The Sierra Camp front desk is your best resource for activities, local directions, or hiking information. If you have questions about programming, Patrick Delahunt, Director of Alumni Affairs, will be on site to talk to you.



**What if we have questions leading up to the weekend?**

Please call Estelle Piper, Alumni Affairs Coordinator (interim) at 650-234-0650.

**FAMILY**

**I’m bringing children who are younger than 5 – will there be any baby-sitting services?**

Yes, on a first come, first served basis. Camp counselors provide babysitting services on their days off, so availability cannot be guaranteed. Prices are mutually agreed upon by the counselor and parents, and Sierra Camp does not get involved.

**Do you have cribs?**

Yes! There are many “pak ‘n play” style cribs for use. The registration list notes who has already asked for cribs, but please let us know if your name is not on the list and you would like a crib. The cribs will be set up in the room before your arrival.

**ACTIVITIES**

**Are there bikes available to rent?**

No. The road leading to the Sierra Camp is narrow and winding, and isn’t designed for leisurely family bike rides. There are biking trails and paths near the Sierra Camp for cyclists who want to bring their own mountain or road bikes. More information can be found on the Sierra Camp website at <http://www.stanfordsierra.com/biking>

**We would like to go swimming in the lake – what should we bring?**

Please bring your own water toys. For boating, lifejackets are available for use from Sierra Camp.

**I see there are tennis courts. . .do you have rackets to use too?**

No. If you'd like to play tennis, please bring your own gear. There are high-altitude balls for purchase in the snack/sundries shop ("The Fountain").

**Is there any golf?**

There are two nearby golf courses: Lake Tahoe Golf Course (15 min. away) and the posh Edgewood course on Lake Tahoe (30 min.). Please plan on making your own arrangements to golf, including bringing your own clubs, or renting at the course.

**Is there any fishing?**

Yes! There's a small pond on the campsite called the Witches Pond, which is a great place for children to practice their fishing skills. Please bring your own fishing gear. There will also be a fly fishing guide from Tahoe Fly Fishing Outfitters to teach campers how to cast with a fly rod as well as how to fish the lakes and streams of the Tahoe basin.

**What about yoga?**

Yes! There will be classes daily in the Cathedral Room of the main lodge. All levels are welcome. Yoga mats will be provided, but feel free to bring your own.

**Are dogs allowed?**

No. There's a kennel at the nearby Alpine Animal Hospital (530-541-4040).

**FOOD**

**I like my morning coffee. . .do I need to bring a coffee maker?**

No! Coffee is available beginning at 6 a.m. in the main lodge.

**What will the food be like?**

Delicious! All meals are served buffet-style. At breakfast, there are hot entrees, as well as, traditional breakfast fare such as cereal, bagels, and yogurt. Lunch also has a hot food option, or there are sandwich and salad bars to choose from. Dinners feature main dishes like roasted chicken, vegetarian lasagna, and baked Alaskan salmon in puff pastry.

**What are the meal options on Sunday?**

There will be brunch served from 8 a.m. – 10 a.m., and a "hikers bar" in the dining room for packing a snack for the ride home. There will be coffee and light pastries available from 6 a.m. – 8 a.m. if you need to get on the road early.

**What if I have food allergies?**

Please indicate any food allergies on your registration form, which we will pass along to the chef. The kitchen is experienced in working with food allergies and will create delicious meals to meet your needs.