Patient & Family Engaged Medical Education

Learning from Real Patients in Authentic Learning Environments
Pair Up

• Recall a time early in your education when a patient/family interaction inspired or had a lasting impact

  Or

• Think about a time when a clinician, or member of the healthcare team, made a lasting impression on you...
Pair Up

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  Or

• Think about a time when a clinician, or member of the healthcare team, made a lasting impression on you.

• 2 minute ponder
• 1 minute share
  Switch
• 1 minute share
Why Patient and Family Engaged Medical Education?

• Human
• Sticky
• Inspiring
Today’s Session Goals & Objectives

• Discuss Patient & Family Engaged Medical Education @ Stanford and our goals

• Consider (we will circle back to this):
  1. How are you currently engaging patients, families, and caregivers in your curricula?
  2. How would you like to engage them in the future?
  3. What are some of the barriers to including them currently?

• How is this different from traditional patient encounters?

• Inspire and build community
When we say patient...

We are talking about:

- Patients
- Their Families
- Their Caregivers
**Composition of Patient & Family Partners**

- **120** Patient & Family Partners
- **12** Active Patient & Family Advisory Councils
- **4,000+** Volunteer Hours
- **18%** CAREGIVERS
- **82%** PATIENTS

**Types of Engagement**

- Workgroups / Projects (42%)
- Speaker / Faculty (25%)
- Consulting (18%)
- Committees (7%)
- Improvement Events (5%)
- Focus Groups (3%)

**50+ Depts. & Services Requesting Patient & Family Partners**

**Recruitment Source**

- SHC (81%)
- SU (12%)
- CE Referral (7%)

**42** Patient & Family Partners engaged in longitudinal experience with Medical and Physician Assistant Students

**Types of Engagement**

- Clinical simulation participants
- Research participants
- Volunteer patients in clinic
- Admissions interviews
- Guest speakers
- Curriculum partners
- Student mentors

**5** Pre-Clerkship Medical School courses that reference patient engagement in the course description

**Number of Patients, Families & Caregivers volunteering across all School of Medicine Programs = Unknown**
Patient & Family Engagement & Student Enrollment

PFEME Program Enrollment by Course and Academic Year

- Introduction of Patient & Family Partner pairings. Decoupling of ½ day clinical application.
- INDE 290 (Walk With Me)
- MED 219 (What Patients Want You To Know...)
- FAMMED 216 (Caring for Individuals with Disabilities)
The goal of Patient & Family Engaged Medical Education is to include the patient, family, and caregiver perspective at the exploration, development, and implementation stages of curriculum design, moving the patients, families, and caregivers from the role of "end user" to that of designer of the hearts and minds of future clinicians.
Walk With Me

- Elective course
- Up to 3 Quarters – First year of medical school, beginning day one of Q1
- Monthly seminar series developed around health systems science topics
- Students paired 1:1 with Patient for the duration of their enrollment in the course
- Explore the challenges of maintaining health and navigating a complex health care system
Walk with Me Course Goals

- Personal connection to the patient and caregiver experiences
- Students will develop an understanding of the patient’s experience in the health care system, including the impact of illness on patients and on those who surround & support them
- Students and their partners will explore navigating health in a complex health care system, and they will brainstorm solutions
- Students will develop awareness of the need to focus on their own wellness, in addition to that of their patients
- Patient partners will learn from the students as they begin their training. They will have a mutually beneficial experience
Walk with Me

Structured Approach to Patient-Engaged Learning

Student-Patient/Caregiver Partners

Monthly Seminars

Culminating Artifact

x 42
Walk With Me Timeline

**FALL QUARTER**
The Patient and Caregiver Journey

1. The Patient Healthcare Experience: Patients & Providers
2. Patient-Driven Goal Setting
3. Behavioral and Social Determinants of Health
4. The Patient’s Online Experience

**WINTER QUARTER**
Environmental Factors Impacting Patient-Centered Care

1. The Role of Primary Care
2. Health System Integration, Care Coordination, and Navigation
3. Joy and Meaning in Practice

**SPRING QUARTER**
Change Leadership

1. Policy and Health Care Reform
2. Teamwork and Interprofessional Collaboration
3. Systems Thinking and Health System Improvement
What Patients and Families Want You to Know - Course

1. The Changing Face of Medicine: Patient- and Family-centered Care
2. What is Compassion, Really?
3. Building a Trusting Relationship Through Communication
4. Treating the Whole Patient
5. Setting Relational Treatment Parameters: The Doctor-Patient Contract
6. Relationship-Based Coaching with the Patient and Family
7. Communicating during Complex Emotional Situations
8. Cure vs Care: Preserving Hope When Medicine Can’t Extend Life
9. How to be a Great Doctor in the Realities of Today’s Healthcare Environment
## Patients and Families in the MD Program

### In the required curriculum...
- Guest speakers in the Practice of Medicine, Foundations and Science of Medicine classes
- Clinical simulation participants in the Practice of Medicine and in some clerkships
- Volunteer (consented) patients in clinic and hospital wards

### In electives...
- Guest speakers
- Clinical simulation participants
- Longitudinal pairings with students 1:1 in year one
  - INDE 290 (PAS 280): Walk With Me: A Patient-Centered Exploration of Health and the Health Care System (MS1, MSPA1)
  - OBGYN 282 (PEDS282): Pregnancy, Birth, and Infancy (MS1&2)
  - FAMMED 216: Caring for Individuals with Disabilities (MS1-4)
  - PEDS 281: Childhood Chronic Illness: Impact on Family Development (Pals program) (MS1&2)
- Partners in curriculum development
  - MED 219: What Patients & Families Want You to Know About Becoming Their Doctor
  - 4 Week Summer Internship
Next Steps

1. Build on current success and community support

2. Further integrate the patient perspective into existing courses

3. Promote patient centered curriculum development across the School of Medicine; build national partnerships
Back to those 3 questions...

1. How are you currently engaging patients, families, and caregivers in your curricula?

2. How would you like to engage them in the future?

3. What are some of the barriers to including them currently?
Complete Survey

1. How are you currently engaging patients, families, and caregivers in your curricula?

2. How would you like to engage them in the future?

3. What are some of the barriers to including them currently?

• 3 minutes
What is this experience like?

• For our Students

• For our Patients, Families & Caregivers
Today’s Session Goals & Objectives

• Discuss Patient & Family Engaged Medical Education @ Stanford

• Consider how you are engaging patients, families, and caregivers in Med Ed

• How is this different from traditional patient encounters?

• Inspire and build community
Team

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• Our Student Partners
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More Questions?

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